



To Do OR Not To Do?

DO:

- ✚ Remain Calm
- ✚ Think before you ACT
- ✚ Make sure you are safe
- ✚ Call for HELP
 - Get a grown-up or call 911
- ✚ Keep victim calm
- ✚ Be Prepared
 - First Aid Kit
 - Take a First Aid class
- ✚ Use gloves
 - If you might touch blood or any other body fluids

DON'T:

- ⊗ **Move the victim**
- ⊗ **Put yourself in Danger**
- ⊗ **Panic**