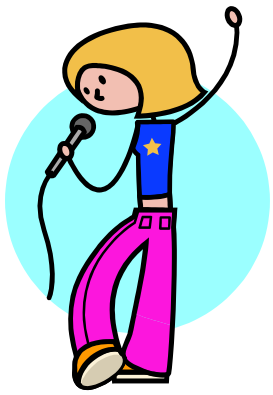


# Have you ever wanted to be Famous?



The Delaware General Health District is looking for words to a new hand washing song and wants you to write it!



*"Dedicated to Your Health"*  
Delaware General  
Health District

Just write new lyrics for a tune such as "Row, Row, Row your Boat" , "The Wheels on the Bus" or "Happy Birthday" and submit to us for a chance to win. Twelve lucky entries will win a t-shirt and one will also win the opportunity to sing your song in a video on our website. This contest is open to all 5th graders in the Delaware General Health District.

Example song (to the tune of "The Mulberry Bush song"): 'This is the way we wash our hands, wash our hands, wash our hands so early in the morning'.

Lyrics must be submitted in writing on the back of this sheet. Parental signature is required. Song must be at least 20 seconds in length.

Please submit your entry to your teacher no later than **November 5, 2007**.

Hand washing is very important to stop the spread of germs Hand washing involves soap, warm water, 20 seconds of scrubbing your hands together, rinsing with warm water and drying your hands.



If you have any questions, please contact Shannon or Melissa at 740/368-1700.

T-shirts were provided to the Food Protection and Public Safety Unit through a grant from the Friends for Life Fund.

