

Delaware General Health District

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NEWS RELEASE

DELAWARE GENERAL HEALTH DISTRICT WEEKLY INFLUENZA UPDATE

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FOR IMMEDIATE RELEASE

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DELAWARE, Oh., Feb. 5, 2010 – This is the weekly flu update issued by the Delaware General Health District.

The numbers of persons seeking treatment for influenza-like illnesses remains at the same level as this time last year, according to information from local emergency rooms and urgent cares. Sales of throat lozenges and thermometers reported by area pharmacies have risen slightly as we enter the usual winter colds and flu season. No confirmed H1N1 cases or hospitalizations for influenza-like illnesses have been reported in Delaware County so far in 2010.

The incidence of H1N1 flu has continued to drop across the nation, and few seasonal flu cases have been reported.

“No one is happier that we are having a mild flu season than we Public Health workers,” commented Joan Bowe R.N., Personal Health Director for the Delaware General Health District. “However, that can change fairly quickly. Everyone still needs to take precautions against flu, and lots of people still need to get their H1N1 flu immunizations.”

H1N1 flu immunizations are strongly recommended, especially for those at highest risk from H1N1 flu: Pregnant women, children and young adults ages 6 months through 24 years, persons with chronic medical conditions, and parents and caregivers of infants under 6 months old. The Delaware General Health District has H1N1 vaccine available by appointment. Most appointments take only a few minutes, and the immunizations are free.

Appointments are available on all weekday mornings between 7:30 and 9 a.m. at our clinic at 3 W. Winter St. in downtown Delaware. Appointments for H1N1 immunizations also are available at the Delaware Health Center, 801 OhioHealth Boulevard, Delaware, between 3

and 6:30 p.m. on Tuesdays Feb. 9, and 16. Another H1N1 clinic at that facility is scheduled for Saturday, Feb. 27, from 9 a.m. to noon.

You can schedule your own appointment online at www.delawarehealth.org or phone 740-368-1700 for scheduling assistance.

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