

Dining with Diabetes

Are you or anyone in your family living with diabetes? Are you interested in learning new healthy recipes? If so, then you and your family are invited to participate in a three session program.

When:

Monday, February 23rd

Wednesday, February 25th

Friday, February 27th

Location:

**The Centrum at
Willow Brook Christian Village
Terrace Room
100 Willow Brook Way
Delaware, OH 43015**

Time:

5:30-7:30 pm

Cost:

\$30.00

Join the Fun & Learn...

**Each class will include a three-course meal,
food demonstrations and recipes.**

Call the OSU Extension Office at (740) 833-2030 by **Monday, February 16th** to reserve your spot in the Dining with Diabetes classes.

The Delaware General Health District operates in accordance with Title VI of the Civil rights Act of 1964.

