

# Dining with Diabetes

Are you or anyone in your family living with diabetes? Are you interested in learning new healthy recipes? If so, then you and your family are invited to participate in a three session program.

## *When:*

**Monday, February 23rd**

**Wednesday, February 25th**

**Friday, February 27th**

## *Location:*

**The Centrum at  
Willow Brook Christian Village  
Terrace Room  
100 Willow Brook Way  
Delaware, OH 43015**

## *Time:*

**5:30-7:30 pm**

## *Cost:*

**\$30.00**

## **Join the Fun & Learn...**

**Each class will include a three-course meal,  
food demonstrations and recipes.**

Call the OSU Extension Office at (740) 833-2030 by **Monday, February 16th** to reserve your spot in the Dining with Diabetes classes.

The Delaware General Health District operates in accordance with Title VI of the Civil rights Act of 1964.

