

Delaware General Health District

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NEWS RELEASE

FLU UPDATE FROM THE DELAWARE GENERAL HEALTH DISTRICT

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FOR IMMEDIATE RELEASE

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DELAWARE, Oh., Feb. 26, 2010 – Delaware County and much of the rest of the country is continuing to enjoy a mild flu season.

No cases of H1N1 flu have been confirmed here so far in 2010. The numbers of local persons seeing healthcare providers for flulike illnesses have returned to the same as last year. Also, sales of over-the-counter medications used to treat flulike illnesses have returned to normal levels.

H1N1 flu immunizations are strongly recommended, especially for those at highest risk from H1N1 flu: Pregnant women, children and young adults ages 6 months through 24 years, persons with chronic medical conditions, and parents and caregivers of infants under 6 months old. Children under 10 should get two doses of H1N1 vaccine at least 28 days apart.

The Delaware General Health District has an H1N1 immunization clinic scheduled for Saturday morning, Feb. 27, from 9 a.m. to noon at the Delaware Health Center, 801 OhioHealth Blvd., Delaware. That is the final H1N1 clinic planned at that facility. The Health District will continue to offer H1N1 immunizations all weekday mornings between 7:30 and 9 a.m. at our clinic at 3 W. Winter St. in downtown Delaware. H1N1 immunizations also are available at all Neighborhood Health Centers and immunization clinics.

Appointments are available for H1N1 immunizations but are no longer required. You can schedule your own appointment online at www.delawarehealth.org or phone 740-368-1700 for scheduling assistance. Most appointments take only a few minutes, and the immunizations are free.