

Delaware General Health District

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NEWS RELEASE

POWELL TEEN-AGER HAS DELAWARE COUNTY'S FIRST H₁N₁ FLU CASE

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FOR IMMEDIATE RELEASE

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DELAWARE, Oh., July 1, 2009 – A 13-year-old Powell boy has a confirmed case of Novel H₁N₁ Influenza. It is the first known case of the disease in Delaware County.

The teen-ager developed flu symptoms in mid-June while attending camp in an adjoining state. Confirmation that his illness was the Novel H₁N₁ Influenza came this morning, said Travis Irvan, Epidemiologist at the Delaware General Health District.

“He has recovered from the symptoms. His case appears very similar to many others across the country,” Irvan said.

The Powell case will be added to the 108 other cases confirmed in Ohio since the H₁N₁ flu started spreading around the globe earlier this year.

The Health District advises everyone to protect yourself from flu with these measures:

- Wash your hands frequently with warm water and soap to kill germs.
- Cover your coughs and sneezes with your sleeve or a tissue. This catches germs so they don't infect others.
- Stay home from work or school if you are feeling sick, and keep sick children home from daycare, camp, and other activities. The Centers for Disease Control and Prevention recommend that persons experiencing flu symptoms stay home until 7 days after symptoms appear or until they have been symptom-free for 24 hours, whichever is longer. This is to keep from infecting others and spreading the virus.

