

# **Delaware General Health District**

## ***Dedicated to your health***

# NEWS RELEASE

## **SHAWNEE HILLS WOMAN WINS FAMILY PREPAREDNESS KIT**

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### **FOR IMMEDIATE RELEASE**

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*Kelli Kincaid of the Delaware General Health District staff presents Virginia and Warren Miller of Shawnee Hills supplies from their new Family Emergency Preparedness Kit. Mrs. Miller won the Health District's Delaware County Fair Booth drawing for the kit, which can sustain four people for three days.*

**DELAWARE, Oh., Oct. 16, 2009** – Virginia Miller of Shawnee Hills won the Delaware General Health District's Family Emergency Preparedness Kit giveaway drawing.

Mrs. Miller was among hundreds of Delaware County Fair attendees who signed up for the drawing at the Health District's booth in the Merchants Building. The kit, worth more than \$140, includes emergency supplies and equipment to sustain four people for three days without

access to power or stores. The Health District offered the kit as part of its effort to prepare our community for a flu season that could be much worse than normal because of H1N1 flu outbreaks.

“Every household should have a three-day supply of water, non-perishable foods, and other essential supplies set aside in case of an emergency. A major winter storm or a widespread flu outbreak could interrupt normal commerce, close highways, and cause utility outages, so it is best to be prepared,” said Kelli Kincaid, Preparedness Coordinator at the Health District.

Additional details on household preparedness kits are available from the American Public Health Association at [www.getreadyforflu.org](http://www.getreadyforflu.org).