

Delaware General Health District

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NEWS RELEASE

HEALTH DISTRICT TAKING APPOINTMENTS FOR MAMMOGRAPHY UNIT

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FOR IMMEDIATE RELEASE

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DELAWARE, Oh., May 12, 2010 – The Delaware General Health District is taking appointments for the mobile mammography unit's June 30 visit to Buehler's Food Market in Delaware.

Early detection of breast cancer through a mammogram can save a woman's life. The screening process is recommended annually for women 40 and older.

The Arthur G. James Cancer Hospital and Solove Research Institute's mobile mammography screening unit will visit Buehler's on Wednesday, June 30. For appointments, phone the Health District Clinic at 740-203-2040.

The mobile mammography unit will return to Buehler's on Oct. 18 and Dec. 16, and will return to the Center for Older Adults of Delaware County, 800 Cheshire Road, Delaware on August 23.

Mammograms are performed in the mobile unit in private by specially trained female technologists and interpreted by board-certified expert radiologists. The screening process takes about 10 minutes. Medicare and most insurance plans cover the cost of the service. If Medicare or insurance is not available, please phone the Health District clinic for other assistance in accessing a mammogram. Women without insurance coverage who wish to pay privately will need to provide \$95 at the time of their appointment.

Mammograms can detect breast lumps years before they can be found by self-examination. According to the American Cancer Society, at least 90 percent of breast cancers detected in the early stages can be treated successfully.

Locally, female breast cancer has become the most common form of cancer. Delaware County women had higher breast cancer incidence and death rates than the statewide average in

2000-2005, according to the Ohio Department of Health. The latest Delaware County adult health survey showed a slightly better mammography rate than the statewide average, but women in low-income households and those lacking education past high school were less likely to have gotten a clinical breast exam within the previous two years.