Delaware General Health District

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NEWS RELEASE

LOCAL TEENS INVITED TO STAND UP LEADERSHIP TRAINING CAMP

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FOR IMMEDIATE RELEASE

For further information contact Jesse Carter, public information officer, at 740-203-2085.

DELAWARE, Oh., April 7, 2010 – Delaware County teenagers are invited to the 2010 STAND UP Leadership Training Camp on April 30-May 1.

The leadership event is the third overnight camp since the STAND UP Leadership Team was formed in 2006. The camp is designed to help teenagers become confident and capable leaders who make healthy decisions. The camp will use positive peer pressure to promote lifestyles free of violence, tobacco, alcohol, and other drugs. The camp is open to all high school teens.

Activities will include interactive skill-building exercises for healthy dating, cyberbullying, tobacco-free advocacy, and stress reduction. Teens will be challenged to help plan future prevention activities for local youths. The agenda includes national motivational speaker Ty Sells, team-building exercises, and other fun activities. A dance with a DJ will conclude the camp on the second night.

The Leadership Camp will run from 5:30 p.m. on Friday, April 30, until 10 p.m. Saturday, May 1, at the Powell United Methodist Church. Registration fees -- $15 for Delaware County residents and $30 for residents of other counties.

The registration deadline is April 23. To register, contact Youth Empowerment Coordinator Brande Urban at Helpline at delcoyouthempower@gmail.com or 740-203-2061.

The 2010 STAND UP Leadership Training Camp has been organized by the Delaware General Health District and Helpline of Delaware and Morrow Counties, with support from the Delaware-Morrow Mental Health and Recovery Services Board, Recovery and Prevention Resources, Delaware Police, the Delaware County Sheriff's Office, Turning Point, Big Brothers-Big Sisters of Central Ohio, the Ohio Department of Health, and the Centers for Disease Control and Prevention.

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