

# ZIKA VIRUS

## ALERT FOR TRAVELERS

A large white silhouette of a mosquito is positioned on the left side of the page, overlapping the green and light green background sections.

# ZIKA

virus is an illness mostly spread by mosquitoes. Infection during pregnancy is linked to birth defects in babies.

## PREVENT ZIKA



If you are visiting or have returned from a Zika-affected area (find out where at [cdc.gov/zika](http://cdc.gov/zika)), take steps to prevent mosquito bites.



Use mosquito repellent containing DEET or Picaridin



Wear light-colored long-sleeved clothing



Use window & door screens or air conditioning



Use condoms or abstain from sex to avoid sexual transmission



**Delaware General Health District**

*Dedicated to Your Health*

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