

DELAWARE COUNTY | 2019-2022

COMMUNITY HEALTH IMPROVEMENT PLAN

COMBINED | 2019 | STRATEGY REPORT



2019 MH Combined









COMBINED STRATEGY SHEET

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Strategy 1: Implement community-based education to promote positive mental health	DMMHR SB - Amy Hill	DGHD - Josie Bonnett
	<i>By 12/31/2020 implement one social marketing campaign that directly addresses mental health stigma across Delaware County.</i>		
	<input type="checkbox"/> Year 1		
●	Obtain baseline information from county organizations offering community-based mental health trainings.	Strategy Action Team (SAT) met on 7/23/19. Team is currently compiling a list of community based mental health trainings, it will be shared with The Partnership at the September meeting, Partnership members will have 1 month to review the list and submit any corrections or additional trainings. The SAT will then meet to review data and determine gaps and goals.	<ul style="list-style-type: none"> • Strategy Team Identified 11 unique offerings that are aimed to help promote positive mental wellness, and educate adults about mental health and suicide. • Support Group type offerings were not included, as they do not have an educational focus.
●	Identify gaps in existing programs and determine additional programming needs.	No update	<ul style="list-style-type: none"> • Strategy team concluded that the gap in services/training in the county was not in the number of unique offerings, but rather those existing programs not being utilized to their full potential. • People are referred to programs after mental health emergency, or risk is identified. Need a way to get people connected to educational programs before an emergency.
●	Determine goal to increase number of trainings.	No update	<ul style="list-style-type: none"> • Strategy team's goal is to research social marketing campaigns that address mental health, adopt or create our own messages to promote positive mental health, AND connect people to course offerings throughout the county.
	Strategy 2: Implement universal school-based suicide awareness and education programs	Helpline - Sarah Jefferson	DGHD - Josie Bonnett
	<i>By 12/31/19 establish baseline reach of SOS training in Delaware County and determine appropriate goal to increase SOS reach.</i>		
	<input type="checkbox"/> Year 1		

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
●	Establish baseline reach (from 2017/2018 school year) for number of middle school and high school buildings implementing Signs of Suicide (SOS)/depression.	There was a changeover in staffing at Helpline from Michelle Price to Sarah Jefferson. Josie, Abby and Michelle met once and began initial discussions. Josie and Sarah will meet to review notes from the meeting with Michelle to make sure the data collection for SOS will stay the same & determine the baseline reach from 2017/2018 & 2018/2019 school years. •Priority indicator of age-adjusted youth suicide rate will need to be removed as there are not enough youth suicide deaths to create an age-adjusted rate.	•Reach is defined as the number of students who have participated in the SOS depression awareness and suicide prevention program, and the number of students identified as high risk for depression or suicide. •In the 2017/2018 school year: There were 5,275 students in Delaware County Schools who participated in the SOS program, of those students there were 515 students who were identified as high risk. •In the 2018-2019 school year: There were 4,569 students in Delaware County Schools who participated in the SOS program, of those students there were 483 students identified as high risk
●	Create a reporting system for program reach to be reported within the CHIP.	Yearly program reach will be reported within the CHIP in the 3rd Quarter. This will give appropriate time to consolidate the previous school year's data on program reach. It is still being decided on what metrics will be reported out (Potentially # of buildings, # unique trainings offered, # students reached, # screened positive, # referred)	•Dec 2019- Submit baseline data from 17/18 & 18/19 School Years (attached). •Dec 2020- Submit data from 19/20 School Year •Dec 2021- Submit data from 20/21 School Year •Dec 2022- Submit data from 21/22 School Year & Final 4 year report
●	Work with school district staff to ensure program fidelity in screening students and identify district and building gaps.	Team has yet to meet to discuss gaps in program offerings across all school districts.	•There is one middle school in the Olentangy District that is providing the SOS program, however the final screening tool is not being used. The school has concerns over liability of knowing the students that screen as high risk. Without final screening tool, the program is no longer evidence based.
●	Determine a process within each district for student referrals.	Michelle Price outlined the SOS Referral Process. (Attached) This process needs to be confirmed and approved by the team. It will be put into a better more concise format for reporting when finalized.	Referral process outlined and attached
●	Work with YRBS sub-committee to determine if next assessment cycle (YRBS) is capturing data for youth anxiety rates, and what other data may be needed.	YRBS Committee members added 3 additional questions in the MH section of the surveys to measure anxiety, stress & depression in youth grades 6-12.	COMPLETED
	Strategy 3: Research the use of technology to deliver mental health services (Suicide crisis hotlines and cell-phone based support programs)	DMMHR SB - Deanna Brant	DGHD - Josie Bonnett
	<i>By 12/31/19 establish a MH telemedicine subcommittee or taskforce in Delaware County.</i>		
	<input type="checkbox"/> Year 1		

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
●	Establish a sub-committee to evaluate the need for mental health service reach via technology.	Josie was scheduled to meet with Deanna on 6/5. Due to schedule conflicts this meeting was unable to be held as scheduled. Due to ongoing projects with other CHIP Strategies across both domains tableing all other action steps other than #1: Establish subcommittee until year 2020 to evaluate need for MH Telemedicine. Subcommittee will meet in September 2019. Stretch Goal is for subcommittee to research existing telemedicine types and create survey tool draft.	<ul style="list-style-type: none"> •Telehealth Subcommittee was formed and held their first meeting on December 10th. •Subcommittee discussed adopting language of telehealth, instead of telemedicine, to encompass all aspects of technology assisted behavioral health services. • Many subcommittee members shared their organizations utilizing some telehealth services related to physical health, but not so much in mental or behavioral healthcare. • Telehealth subcommittee focus is to research current state of telehealth services within county, and research need for and feasibility of expansion or adoption of new technology-related services. Not to determine one specific program offering and implement county-wide at this stage.
	Strategy 4: Improve mental health and substance abuse referral process	DMMHR SB - Deanna Brant	DGHD - Lori Kannally
	<i>Improve mental health and substance abuse referral process by having two systems adopt written referral protocols by 12/31/22.</i>		
	[-] Year 1		
●	Review the current referral system within Grady Hospital (ED or inpatient) to public behavioral providers and identify ways to make the process more effective and efficient for residents needing behavioral health services.	The subcommittee consisting of Helpline, OhioHealth Grady and the DMMHR SB met on April 17th and June 26th, 2019 to review the current referral system being utilized regarding behavioral health providers and identify areas needing attention. A discharge workflow	A second subcommittee meeting between Board staff, Helpline and OhioHealth Grady Hospital was held on July 25th, 2019 to review the current OhioHealth patient discharge planning policy. Areas for specificity and additional updating were
●	Refine the behavioral health referral protocol to be used with other emergency rooms, including data collection to establish baseline measurements for behavioral health follow-up and referrals.		The process discussed will continue to be assessed for effectiveness and efficiency with the intent to reconvene for follow-up reporting. Staff changes, training updates, communication barriers
	Strategy 5: Screen for clinical depression for all patients 12 or older using a standardized tool	DMMHR SB - Amy Hill	DGHD - Lori Kannally
	DMMHR SB - Amy Hill		
	<i>Strategy is tabled to year 2</i>		
	Strategy 6: Implement & evaluate community-based violence prevention curriculums which support MTSS/PBIS frameworks with schools	Helpline - Amy Hawthorne	DGHD - Kelsey Kuhlman
	<i>By 12/31/22, integrate YRBS data into new/existing publications to inform or guide violence prevention work across Delaware County.</i>		
	[-] Year 1		
●	Set up YRBS planning committee for next cycle of YRBS to ensure priority outcomes are correctly measured for the CHIP and community partners.	Committee commenced in January, 2019 to plan for the '19/20 YRBS. Surveys will be implemented in September, 2019.	



Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Discuss with district officials how the 2016/2017 YRBS data was utilized to guide prevention work & district planning related to MTSS/PBIS frameworks. Explore new ways of sharing YRBS & school data with specific populations; parents, BOE, teachers, students etc. to further promote comprehensive violence prevention-related activities.	All four districts had initial meetings w/ DGHD to discuss YRBS data and school collected data to see how they can overlap to support the ongoing efforts of using data to improve prevention reach. Individual school district meetings will continue to continue discussions about how to better use the data to inform/guide prevention work in the future.	Met with districts on 11/21/19 to discuss how to share new YRBS findings when they're released in early 2020. All districts agreed to having one on one as well as group meetings with each other to see in what ways data will be shared with the public. All districts agreed to utilizing a one page flyer/FAQ regarding the results of the YRBS with a link to the full report once completed in Q1, 2020. This piece will be shared by all districts electronically.
	Reach out to Helpline, Sherriff, DMMHRBSB to see what data they can share related to violence and youth.	No progress to report	Met with Hotline staff on 8/14/19 to discuss tracking calls related to YRBS topics. Hotline Mgr. provided a baseline report from 8/1/18-8/1/19, as well as one month report from 9/1/19 to start tracking confirmed youth "needs". Tracking will continue during the '19/20 school year.
	Implement next cycle of YRBS within all districts and share YRBS findings with community partners to evaluate data and assess program effectiveness.	IRB application was turned into ODH on 6/10/19 for approval for fall 2019 implementation with all districts	YRBS implementation occurred in the month of September across 16 buildings within four public schools.
	PEACE Prevention Coordinator will conduct an evaluation & compile results of community-based violence prevention curriculum taught in classrooms in grades K-12 across Delaware Co. during '18/'19 school year. (Will separate curriculum-based prevention programming delivered in classrooms from other prevention activities - after school clubs, BBBS, Day of Silence activities) <ul style="list-style-type: none"> •Total # of school districts (out of 4 public districts) •Total # of students reached K-12 within each district (broken down by individual building - don't need to know how many times you were in 1 building) •Total # of programs presented within each district 	PEACE Coordinator sent out request to community agencies to share the following information by 7/31/19: <ul style="list-style-type: none"> • Total # of students reached (K-12) • Total # of programs presented throughout the 2018-19 school year • Total # of schools (each building) reached • Total # of School Districts reached 	PEACE Prevention Coordinator is still working with Health District staff to finalize '18/'19 prevention matrix. The matrix is going to be a more in depth report of prevention efforts countywide. A draft report of the prevention efforts was shared with PEACE in October. There was a changeover in staff from RPR as well as some hard deadlines for Helpline staff which delayed the project some. Estimated completion of project is 2/1/20 to be able to share at the Q1 Partnership meeting in March, 2020.
	Share comprehensive prevention report (differentiated between curriculum-based and other prevention activities) with each district to assess prevention reach to determine gaps across each district.		With the prevention report not yet completed, districts will not get this data by the end of the year. This action step is behind as far as timeline, but will be worked out in 2020 (year 2) with the release of the new YRBS data.
	Maintain number of buildings & districts implementing community-based violence prevention curriculum across grades K-12 during '19/'20 school year. (Reach will be shared with Partnership 2x/year to coincide with school year.) Curriculums include: <ul style="list-style-type: none"> •Safe Dates (6th-8th) •Love All That & More (9th-12th) •Intimate Partner Violence (6th-12th) •Too Good For Violence (K-5th) 	Prevention curriculums will be taught throughout the '19/'20 school year - reach will be reported 2x/year to the Partnership to better align with school year calendar.	SAT met on 8/14/19 & 11/13/19 to discuss status of prevention matrix and what programs will be tracked as curriculum based prevention work. All districts are on target to maintain their prevention reach for the '19/'20 school year. The SAT team discussed year 2 action steps for this strategy in relation to the new YRBS data that will be released in 2020.

2019 AD Combined













COMBINED STRATEGY SHEET

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Strategy 1: Expand screening, brief intervention and referral to treatment (SBIRT) model	DMMHR SB - Deanna Brant	DGHD - Lori Kannally
	<i>By 12/31/22, expand number of healthcare provider sites implementing the SBIRT model from zero (0) to six (6) sites.</i>		
	Year 1		
●	Collect baseline data on the number of hospital emergency departments, urgent care centers, and primary care providers (including pediatricians) that currently screen for drug and alcohol abuse, and at what age they start screening.	N/A	<p>OhioHealth Primary care providers within Ohio Health network use a pre-screening tool which asks basic questions to identify possible substance misuse. From this, doctors will assess if they need to inquire with more specific questions and may refer out to an on-site (or off-site) social worker. This is a standardized practice. Integrated in EPIC system. Starts at 12 years of age-screen before age 12 if doctor suspects misuse. Implemented within last year.</p> <p>COPC Primary care providers within the COPC network use two screening tools (PHQ-9 for depression) -- and an alcohol use screening tool. Start at 12 years-earlier if signs are present. Part of PCMH, CPC initiatives. Also implemented within the last year. If results from screening are positive, will refer to social worker or nurse which have access to outsource services.</p> <p>Mt. Carmel Mt. Carmel ED Lewis Center – screening all patients and positive screens result in referral to Helpline, 24/7 for follow up, engagement, and scheduling with the Board’s behavioral health provider network. Helpline stays connected to patients and can report outcomes back to Mt. Carmel.</p> <p>Mt. Carmel Lewis Center and Powell Primary Care Group -- screening all patients and positive screens result in referral to Helpline, 24/7 for follow up, engagement, and scheduling with the Board’s behavioral health provider network. Helpline stays connected to patients and can report outcomes back to Mt. Carmel.</p> <p>Of the primary care providers outside of these networks, 66.6% reported not screening specifically for drug and alcohol misuse. Of these 66.6%, 33.3% reported that they incorporate questions about drug and alcohol use within their general patient questionnaire. The remaining 33.3% were not reported on and will need follow up.</p>

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	<p>Introduce a screening, brief intervention and referral to treatment model (SBIRT) to healthcare providers. Pilot the screening tool with at least one hospital, urgent care center, or primary care office.</p>	<p>Delaware County providers and administrators from the 10 organizations were trained in February, 2019 on the SBIRT model with 22 of the 26 trainees receiving extended training so that they can train others. A total of 93 individuals were trained in Delaware County by 7/1/19.</p> <p>Five sites (including three health care settings and two in-home programs from two different organizations) partnered and then piloted the SBIRT model in May and June of 2019. Sites include:</p> <ul style="list-style-type: none"> • Mount Carmel Lewis Center Emergency Room • Mount Carmel Powell Physicians Group • Mount Carmel Lewis Center Physicians Group • DGHD's Pre-natal & Newborn Home Visiting Program • Helpline <p>SourcePoint's In-Home Care Program will pilot in the fall.</p>	<p>Within the 6 sites which piloted the SBIRT model (5 by June 2019 and 1 by October 2019), an additional 22 individuals were trained to implement SBIRT. Overall, the targeted number of people to receive SBIRT were 2,890 and those who were screened totaled 1,764. Additionally, the total amount of referrals received by Helpline were 22. The breakdown of the providers are as follows:</p> <ul style="list-style-type: none"> •Mount Carmel Lewis Center Emergency Room New staff trained – 3 Targeted to receive SBIRT – 2362 Persons screened – 1154 Persons receiving brief intervention - 2 •Mount Carmel Lewis Center Physicians Group New staff trained – 0 Targeted to receive SBIRT – 183 Persons screened – 183 Persons receiving brief intervention - 0 •DGHD's Pre-natal & Newborn Home Visiting Program New staff trained – 1 Targeted to receive SBIRT – * Persons screened – 77 Persons receiving brief intervention - * •SourcePoint New staff trained – 18 Targeted to receive SBIRT – 345 Persons screened – 345 Persons receiving brief intervention – 8 •Helpline Breakdown of Referrals Mount Carmel – 7 DGHD – 0 SourcePoint – 0 Helpline – 13 Others: Grady – 1, DPD- 1 <p>Of these referrals, the results are as follows: Declined an additional referral – 4 Unable to reach – 16 Referred for services – 2</p> <p>*Missing info and MC Powell numbers*</p>
	<p>Strategy 2: Expand community-based comprehensive program(s) to reduce alcohol abuse</p>	<p>Drug-Free Delaware</p>	<p>DGHD - Lori Kannally</p>
	<p><i>By 12/31/22, increase total current law enforcement environmental interventions which includes compliance checks*, RBS trainings, and "Parents who Host the Most" campaign entities by 10%.</i></p>		
	<p>Year 1</p>		
	<p>Research alcohol prevention programs or other like programs outside of law enforcement to address binge drinking. Focus on strategies that specifically target high use populations.</p>	<p>N/A</p>	<p>No update for this action step. The Drug-Free Delaware (DFD) Coalition summary final report was completed through July 31, 2019. The DFD grant ended on 9/29/29, and the information that is relative to the last 6 months of 2019 cannot be extracted from the final report.</p>

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
●	Collect baseline data on current environmental interventions being administered by law enforcement including: Compliance Checks, Responsible Beverage Service, and Parents Who Host, Lose the Most campaign. (will use 2018 data for baseline)	N/A	Baseline data from 2018 was collected and shared with DGHD epidemiologist tracking CHIP strategy objectives. In 2018, there were 20 intervention sites completed by DFD.
●	Work with all area law enforcement agencies and Drug-Free Delaware to determine which components would be feasible to expand and/or implement.	N/A	The Drug-Free Delaware Coalition is continuing the DFD Sustainability Committee's prioritized initiatives which were implemented under a grant. Together with community partners, DMMHR SB, met on October 29th to discuss how to best transition the role of the coalition from Recovery and Prevention Resources as the fiscal agent to an advisory council form of oversight going forward. The DMMHR SB, Delaware County Sheriff's Office, Delaware General Health District, Sourcepoint, Delaware City Police Department and Recovery and Prevention Resources staff are current council members. Action to modify the by-laws and allocation of responsibilities were set in motion in 2019, expected to be approved in January 2020. Initial plans are to continue efforts involving youth programming such as the youth leadership retreat, community education at First Fridays in Delaware, disseminating information to local businesses, and campaigns such as Parents Who Host Lose the Most, Hidden in Plain Sight, Drug Take-Back events and other safe medication disposal efforts.
	Strategy 3: Implement & evaluate community-based ATOD curriculums which support MTSS/PBIS frameworks with schools	Recovery & Prevention Resources - Katie Grandstaff	DGHD - Kelsey Kuhlman
	<i>By 12/31/22 integrate YRBS data into new/existing publications to inform or guide ATOD prevention work across Delaware County.</i>		
	Year 1		
●	Set up YRBS planning committee for next cycle of YRBS to ensure priority outcomes are correctly measured for the CHIP and community partners.	Committee commenced in January 2019 to plan for the '19/'20 YRBS. Surveys will be implemented in September, 2019.	Action step completed last report period.
●	Discuss with district officials how the 2016/2017 YRBS data was utilized to guide prevention work & district planning related to MTSS/PBIS frameworks. Explore new ways of sharing YRBS & school data with specific populations; parents, BOE, teachers, students etc. to further promote comprehensive prevention ATOD related activities.	All four districts had initial meetings w/ DGHD to discuss YRBS data and school collected data to see how they can overlap to support the ongoing efforts of using data to improve prevention reach. Individual school district meetings will continue to continue discussions about how to better use the data to inform/guide prevention work in the future.	Met with districts on 11/21/19 to discuss how to share new YRBS findings when they're released in early 2020. All districts agreed to having one on one as well as group meetings with each other to see in what ways data will be shared with the public. All districts agreed to utilizing a one page flyer/FAQ regarding the results of the YRBS with a link to the full report once completed in Q1, 2020. This piece will be shared by all districts electronically.
●	Reach out to public ATOD providers (or DMMHR SB) to see what data they can share regarding ATOD services they provide youth in all four districts.		Met with Hotline staff on 8/14/19 to discuss tracking calls related to YRBS topics including ATOD. Hotline Mgr. provided a baseline report from 8/1/18-8/1/19, as well as one month report from 9/1/19 to start tracking confirmed youth "needs". Tracking will continue during the '19/'20 school year. Also held meeting with Syntero (Erica Wood) on 8/23/19 to discuss their tracking of ATOD prevention services.

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	Implement next cycle of YRBS within all districts & share findings with community partners to evaluate data and assess program effectiveness.	IRB Application was turned into ODH on 6/10/19 for approval for fall 2019 implementation with all districts.	YRBS implementation occurred in the month of September across 16 buildings within four public schools.
	PEACE Prevention Coordinator will conduct an evaluation & compile results of community-based ATOD curriculum taught in classrooms in grades K-12 across Delaware Co. during '18/'19 school year. (Will separate curriculum-based prevention programming delivered in classrooms from other prevention activities after school clubs, BBBS, Safety Town, Red Ribbon week etc.) •Total # of school districts (out of 4 public districts) •Total # of students reached K-12 within each district (broken down by individual building - don't need to know how many times you were in 1 building) •Total # of programs presented within each district	PEACE Coordinator sent out request to community agencies to share the following information by 7/31/19: • Total # of students reached (K-12) • Total # of programs presented throughout the 2018-19 school year • Total # of schools (each building) reached • Total # of School Districts reached	PEACE Prevention Coordinator is still working with Health District staff to finalize '18/'19 prevention matrix. The matrix is going to be a more in depth report of prevention efforts countywide. A draft report was shared with PEACE in October. There was a changeover in staff from RPR as well as some hard deadlines for Helpline staff which delayed the project some. Estimated completion of project is 2/1/20 to be able to share at the Q1 Partnership meeting in March, 2020.
	Share comprehensive prevention report (differentiated between curriculum-based and other prevention activities) with each district to assess prevention reach to determine gaps across each district. (referencing Ohio Attorney General's Drug Use Prevention Resource Guide to help facilitate school district conversations)		With the prevention report not yet completed, districts will not get this data by the end of the year. This action step is behind as far as timeline, but will be worked out in 2020 (year 2) with the release of the new YRBS data.
	Maintain number of buildings & districts implementing community-based ATOD curriculum across grades K-12 (Too Good for Drugs) during '19/'20 school year. (Reach will be shared with Partnership 2x/year to coincide with school year.)	This action step will be ongoing throughout the '19/'20 school year. Reach will be reported to Partnership 2x/year to better align work with the school year calendar. First reach report is slated to be shared at the December 2019 meeting.	SAT met on 8/14/19 & 11/13/19 to discuss status of prevention matrix and what programs will be tracked as curriculum based prevention work. All districts are on target to maintain their prevention reach for the '19/'20 school year. The 11/13/19 meeting was Katie Grandstaf's first meeting since starting her new job at RPR. The SAT team discussed year 2 action steps for this strategy in relation to the new YRBS data that will be released in 2020.
	Strategy 4: Increase community awareness and education of risky behaviors and substance abuse issues and trends DGHD - Abbey Trimble	DGHD - Abbey Trimble	
	<i>By 12/31/19, develop template for risky behavior and substance abuse education.</i> Year 1		
	Plan a community awareness campaign to increase education and awareness of risky behaviors and substance abuse issues and trends.	On 4/17/19, met internally with DGHD staff that will focus on designing template. Work will begin in the second half of the year to complete a toolkit for an awareness campaign.	Emailed interest group on 8/23/19. Requested approval to work on campaign by end of 2019 and plan a meeting after DFD decision has been made. 11/27/19, progress is being made to raise awareness regarding vaping and youth use of e-cigarettes in accordance with the tobacco grant from ODH. DFD is planned to reform with 4 separate agencies taking the lead at different times. This has not happened to date.
	Strategy 5: Increase safe disposal of prescription drugs DGHD - Lori Kannally	Drug-Free Delaware	DGHD - Lori Kannally
	<i>By 12/31/22, secure the addition of one permanent prescription drug collection box.</i> Year 1		

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Increase awareness of prescription drug abuse.	<p>*Karen Waltermeyer, SourcePoint, reported that SourcePoint distributed 134 Medication Safety for Older Adult brochures during April home visits.</p> <p>*Project Coordinator participated in the 2019 Community Expo & Job Fair at Big Walnut HS and in a Dempsey Helper's panel discussion at Dempsey Middle School, along with law enforcement, Syntero and others. The panel answered student questions regarding drug use.</p>	The Drug-Free Delaware Coalition is continuing the DFD Sustainability Committee's prioritized initiatives which were implemented under a grant. Together with community partners, DMMHRSB, met on October 29th to discuss how to best transition the role of the coalition from Recovery and Prevention Resources as the fiscal agent to an advisory council form of oversight going forward. The DMMHRSB, Delaware County Sheriff's Office, Delaware General Health District, Sourcepoint, Delaware City Police Department and Recovery and Prevention Resources staff are current council members. Initial plans are to continue efforts involving youth programming such as the youth leadership retreat, community education at First Fridays in Delaware, disseminating information to local businesses, and campaigns such as Parents Who Host Lose the Most, Hidden in Plain Sight, Drug Take-Back events and other safe medication disposal efforts.
	Secure the location of one permanent prescription drug collection box.	No progress to report	The prescription drug-box is still being held at the vendor.
	Work with local law enforcement to increase the number of prescription drug take-back days or events. (Baseline from 2018)	<p>*The annual DEA April Drug Take Back Day was held and promoted by the Sheriff's Office.</p> <p>*Delaware County Prosecutors Office/Juvenile Courts request 4 MedGuard Safes for families that have juveniles at risk for illegal use of Rx medications. Project Coordinator also provided brochures and pamphlets on dangers of Rx misuse to the families.</p> <p>*Project Coordinator assisted Officer Robert Hatcher, Delaware PD, in presenting Hidden in Plain Sight and held a Drug Take-Back event at SourcePoint to offer education to parents/caregivers on the convenient and obvious ways youth hide their drug/alcohol use and/or paraphernalia. Officer Hatcher reported to 12.6lbs. were collected.</p>	The restructured Drug-Free Delaware coalition has agreed to continue with strategies consistent with those implemented as a grant-funded coalition. The new structure will consist of community stakeholders with a vested interest in promoting a drug-free lifestyle. Delaware City Police Department -- Officer Robert Hatcher led one Drug Take Back event at Arthur Place Apartments on Aug 27th, which amounted to 3.8 pounds collected. Along with medicine for destruction from the Delaware City Police Department lobby, the total amount collected was 295.2 pounds. There were no Hidden in Plain Sight events held during this timeframe, largely due to the transition of the coalition, but both events are scheduled to continue in 2021, with the next Hidden in Plain Sight event scheduled for February 2020.
	Expand the number of local practitioners and pharmacies providing information on prescription drug abuse and collection locations. (Baseline from 2018)	<p>*To increase the visibility and availability of DFD's Prescription Disposal Bags and Deterra Drug Deactivation Packets, new contacts and deliveries were made to agencies, pharmacies and doctor offices at the following locations:</p> <ul style="list-style-type: none"> • Sunbury Dental • Hometown Urgent Care • Occupational Health during Mainstreet Delaware's First Friday event <p>Delivery was also made for the first time to Ohio Health OB/GYN, Walgreens on London Ave., CVS (Powell), Powell Dental Group, Powell Veterinary Clinic, and the Fire Station 362. Other repeat distributions were made in the county as well.</p>	No update.
	Promote the use of dissolvable prescription bags (e.g. Deterra) and provide education regarding safe disposal (e.g. knowledge of safe needle disposal).	100 Medication Disposal Bags were given to the Sheriff Dept. for distribution during the April DEA Drug Take-Back event. Deterra and Medication Disposal Bags were also given to the Delaware County coroner's office where they will be shared with All Ages Family Medicine and used as needed in the coroner's office.	No update.









Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Strategy 6: Increase policies to decrease use and availability of tobacco products Delaware County Tobacco Free Coalition - Abbey Trimble	Delaware County Tobacco Free Coalition	DGHD - Abbey Trimble
	<i>By 12/31/20, adopt one Tobacco to 21 policy in the City of Delaware.</i>		
	Year 1		
●	Enhance the Tobacco 21 initiative to focus on point of sale marketing in Delaware City.	On 4/5/19, Abbey T and Josie B met with the SRO and Dean of Students at Hayes High School to discuss vaping issues and trends and to also introduce T21. Josie Bonnette presented the topic of T21 at the Principal's meeting of DCS on 5/9/19. Josie presented T21 to Delaware City Rotary on 6/24/19.	On 7/18/19, the state budget bill passed and included T21. Also included in the bill is a tax on vapor liquid products, licensing requirement for vape shops, no preemption for locals, removes penalties for youth and no grandfather clause. However, it does not include enforcement measures so there is much to do locally. On 8/20/19, the TFDC coalition met to discuss next steps for improving this strategy in lieu of the state-mandated policy change. The group focused on point of sale marketing as an enhanced strategy instead. The state law goes into effect on 10/17/19. The law is attached to this row.
●	Review model point-of-sale marketing policies to enhance the new State T21 policy in Delaware City.	THIS IS A NEW ACTION STEP ADDED	Discussed and added this action step at the 8/20/19 TFDC coalition meeting.
●	Review the model Tobacco 21 policy to ensure all forms of tobacco use are included (e.g. e-cigarettes).	This will occur in the second half of the year	The state T21 bill is very comprehensive in including all tobacco products and even re-writes what is included.
●	Work with the City of Powell who has implemented this policy and determine barriers and challenges.	Abbey T discussed program with lead officer at Powell Police back in the Fall of 2018. Barriers and challenges were discussed as well as the program to date. (Powell implemented this policy change prior to the state law being passed in 7/18/19 - hence the completion of the action step)	
●	Continue efforts to adopt smoke-free policies in county parks, fairgrounds, schools and other public locations.	City of Delaware passed a smoke-free park policy on 4/22/19. Policy goes into effect on 5/22/19 to include cigarettes, cigars, e-cigarettes and other smoking devices	The 2019-2020 Tobacco Use and Prevention grant has a focus on second-hand smoke policies. Currently, a policy scan is taking place and efforts will be made to implement policies after the 1st of the year.





2019 CD Combined



COMBINED STRATEGY SHEET

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Strategy 1: Develop partnership-based healthy lifestyle programming	Cancer Support Community - Angie Santangelo	DGHD - Susan Sutherland
	<i>By December 31, 2022, collaborate with SourcePoint Age-Friendly's Community and Health Services domain and adopt two new policies, systems or environmental changes within the community that impact seniors' choices on leading healthier lifestyles.</i>		
	Year 1		
●	Partner with SourcePoint to join the Age-Friendly's Community and Health Services domain. Utilizing the work of Age-Friendly data.	Attended two Age-Friendly Community and Health Services domain meetings. Attended Age-Friendly Strong Towns events. A goal was established: for age-friendly community health services domain: "Offer a wide range of health and social services that are well distributed and conveniently located."	Attended two Age-Friendly Community and Health Services domain meetings to develop strategies, policies and interventions that help create healthy lifestyles for older adults.
●	Work collaboratively with Community and Health Services Domain to address healthy lifestyle programming.		Attended all SourcePoint community and health services domain meetings and developed strategies to promote healthy lifestyle programming.
●	Utilizing age-friendly data, review current opportunities to see what is available and what gaps exist in promoting healthy lifestyles among senior population.		A Strength, Weakness, Opportunity and Threat Analysis was conducted by SourcePoint for the age-friendly community and health services domain.
●	Collaborate to adopt a comprehensive approach to promote healthy lifestyle programming, policies or intervention among seniors.		We worked collaboratively to adopt strategies to promote healthy lifestyles programming, policies, and interventions among seniors. SourcePoint recently bought a van to fill with community information and resources for healthy lifestyle programming for older adults that will be taken to community events. Realizing how pets promote health among seniors, SourcePoint is working collaboratively with the humane society to assist older adults with pet care expenses. We contacted Genoa Township about age-friendly physical activity interventions, and they have agreed to place arms on all future park benches to assist older adults to rise off the bench.
	Strategy 2: Increase awareness of prediabetes (Prediabetes Risk Assessment)	Grace Clinic - Melissa Mason	DGHD - Emily Baugher
	<i>By 12/31/20, strategy team partners will identify and implement a pre-identified prediabetes screening tool in at least one clinic setting.</i>		
	Year 1		

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Determine baseline of the number of organizations that currently provide prediabetes screening or risk assessments (ex: Diabetes Prevention Program (DPP)).	Have not started this objective yet	Active participants were asked if their facilities utilized a prediabetes screening tool prior to our group forming on 12/3/2019. This data will be limited as we will only be collecting active participant responses.
	Identify screening tool to implement in partner clinics, in order to raise awareness about prediabetes by 12/31/2019	Identified screening tool, will be using the American Diabetes Association "Are you at risk for type 2 diabetes" screening tool. Plan to meet monthly to discuss how to implement in clinic.	This goal has already been completed
	Identify potential partners to implement the identified screening tool, or to raise awareness of prediabetes by 12/31/2019	Plan to meet monthly to continue to identify partners. Group expressed interest in creating a prediabetes campaign to share with partners and local companies. Currently reviewing resources to decide what will be a part of the campaign.	A google form was shared with the active participants in the group on 11/20/2019 and group members were asked to update the form with potential partners as well as resources and information. This will be a living document and will be updated as needed throughout the CHIP.
	Strategy 3: Create a countywide physical activity collaboration	Preservation Parks - Tony Benishek	DGHD - Susan Sutherland
	<i>Increase by one outdoor adventure expo event per year that offers a variety of sports, recreation, and physical activity options for different age groups and increase participation in these expos by 30% over the next four years.</i>		
	Year 1		
	Recruit interested organizations/partners who are working on improving and promoting Delaware County's physical activity opportunities.	Recruited 19 organizations to be involved with collaborative. Held two meetings and discussed potential goals of the collaborative.	Met with Olentangy Pastors Association about sponsoring a faith-based community physical activity challenge among Olentangy churches. Also met with Powell YMCA and discussed offering a summer series of physical activity in the Liberty Park and Preservation Parks. Met with DCAA to plan an indoor physical activity expo in the winter of 2021. Met with Columbus State to sponsor an outdoor community expo on the Delaware County campus in the summer of 2020.
	Determine goals of the physical activity collaboration.		The goals of the physical activity collaboration is to increase physical activity levels of our residents; to increase physical activity opportunities within Delaware County; and, to increase awareness of physical activity opportunities in Delaware County.
	Engage county organizations to participate in a unified message to make Delaware County well-known as an active community.		The unified message of the physical activity collaborative is: "Move, Play, Go...740"
	Create county branding.		The possibility of creating a county branding for the physical activity collaborative was discussed with no final decision. This was referred to the PHDC Steering Committee to determine if they would want to have a branding for the CHIP.
	Explore the feasibility and challenges of creating a county physical activity app or calendar.		It was decided that creating a physical activity app or calendar to post on the DGHD website is not feasible at this time.
	Strategy 4: Research chronic pain management best-practices	DGHD - Susan Sutherland	

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	<i>By December 31, 2019, produce a report of best practices for chronic pain management for Delaware County based on Department of Health and Human Services Inter-Agency Task Force recommendations.</i>		
	Year 1		
	Research and/or monitor chronic pain best practices (ex: Department of Health and Human Services Pain Management Best Practices Inter-Agency Task Force) and determine availability of local resources.	Researched DHHS Task Force chronic pain best practices guide and began developing local inventory of available resources based on best practices for pain management.	DHHS Pain Management Best Practices Task Force Report with recommendations was completed May 2019.
	Complete a needs assessment focused on individual experiences with chronic pain and the process of navigating resources.		Met with DGHD epidemiologist to discuss the options for conducting a needs assessment focusing on individuals with chronic pain and the process of navigating resources. At this time, a literature review will be conducted to determine if this data is readily available.
	Review the current state of evidence on the effectiveness of non- pharmacological treatments and integrative health models for pain management, as well as available evidence on use patterns and patient interest. Examples may include acupuncture, manual therapies, physical therapy and exercise, cognitive behavioral therapy, tai chi, yoga, meditation, and noninvasive neurostimulation.		Supportive evidenced was presented in the 2019 Department of Health and Human Services Pain Management Best Practices Report and Recommendations on the effectiveness of non-pharmacological treatments such as tai chi, yoga, acupuncture, and integrative health models for pain management.
	Compile an inventory of effective non-pharmacological for pain management in Delaware County to identify gaps.		A Delaware County chronic pain best practices report that contains an inventory of non-pharmacological interventions was created.






2019 CC Combined



COMBINED STRATEGY SHEET

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Strategy 1: Increase the amount of affordable housing required with new development and throughout the county	United Way of Delaware County - Brandon Feller	DGHD - Kelli Kincaid
	<i>By December 31, 2019 hold four community meetings to discuss housing in Delaware County and develop a plan for future actions.</i>		
	Year 1		
●	Hold four community meetings to discuss housing in Delaware County	Four community meetings were held to discuss housing in Delaware County.	COMPLETE
●	Develop an action plan	Four priorities were established and groups were formed to develop action for each priority. The four priorities are: <ul style="list-style-type: none"> • Zoning/Economic Development • Centralized Communication/Data Collection • Supportive Transitional Housing Options • Engage Community Influencers/Communication 	The Delaware County Housing Alliance has moved to three key focus areas: 1. Coordinate community services to address the unique housing needs of Delaware County residents of all ages. 2. Apply best practices to local use policies, including zoning and permitting by engaging local stakeholders. 3. Secure funding that supports Delaware County Alliance goals. More detailed actions plans for each focus group will be developed in 2020.
	Strategy 2: Provide cultural competence training for healthcare professionals and other service providers	DGHD - Kelsey Kuhlman	
	<i>Strategy tabled until year 2</i>		
	Strategy 3: Increase transportation opportunities and awareness	Delaware County Transit	DGHD - Adam Howard
	<i>By 12/31/19 collect any transportation resources and alternative transportation opportunities in the community.</i>		
	Year 1		

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
●	Conduct an environmental scan of all transportation opportunities, including public, regional, and private. Collect information regarding eligibility of services, cost, and other relevant information.	Initial discussion 4/29/19 with DATA staff (KL, TL & DS) and DGHD Staff (LK, AH) regarding CHA data. Went to Delaware County Transit Advisory Committee (TAC) meeting 5/15/19 (AH, KL) and spoke on CHIP/Age Friendly Data. 6/4/19 met with all parties interested in CHIP strategy and Age Friendly strategy. During this meeting the group decided to combine efforts into one group, agreed on the year one objective, and agreed to conduct an environmental scan before the next meeting.	July 23, 2019 combined transportation team met. Discussed environmental scan that had taken place between last meeting and this meeting. Scan included public transit options (e.g. DATA, Uber), private transit options (defined as needing to meet certain eligibility req. e.g. Medicaid, Turning Point), regional transit options, and potential opportunities (e.g. bike sharing). Next steps will be to look for potential funding opportunities, marketing targets, and gaps. August 26, 2019 Combined transportation group met. Further discussed environmental scan, discussed CHIP progress, discussed AF progress. Quality indicators decided were 1. Increase mobility management website traffic (as measured by DCT website analytics). 2. Increase total opportunities (as measured by additions to opportunities as added to spreadsheet). 3. Increase riders on public transportation options (as measured by DCT and Sourcepoint rider data). DCT will present at the next CHIP meeting speaking of progress and DATA name change to DCT. (Note: Scheduling conflict resulted in DCT/transportation update at The Partnership meeting to move to December). October 29, 2019 Combined transportation group met. Completed environmental scan. Reviewed CHIP indicators. Reviewed action steps. Approved year 2 action steps "Update the mobility management website by 6/1/20. Pilot and test the updated mobility management website by 9/1/20 and make needed changes by 12/1/20." Reviewed FAQs for website.
●	Assure representation from The Partnership on the Transportation Advisory Committee.	AH and KL went to 5/15/19 meeting. TAC has DATA, SourcePoint, and DGHD members.	COMPLETED
●	Research alternative transportation opportunities such as ride share, park and ride, biking/walking, Uber/Lyft.	Being conducted as part of environmental scan. See above.	COMPLETED as part of environmental scan. See above
	Strategy 4: Support trauma-informed health care	DMMHR SB - Amy Hill	DGHD - Jen Keagy
	<i>By 12/31/22, implement a systems change in 5 organizations related to Trauma-Informed Care and employee training.</i>		
	Year 1		
●	Reconvene TIC Strategy Team and recruit new members as needed. Identify available TIC trainers and brainstorm entities to target for training.	Updated TIC Strategy Team roster and recruited 3 new members. Doodle Poll was sent to the TIC Strategy Team to attend a reconvening meeting in August.	The TIC Strategy Team met on 9/11/19. The TIC pre-post assessments from the last CHIP cycle and the revised TIC Action Plan for 2019 were discussed. The Team also brainstormed ideas for the upcoming year that included: 1) Hold a screening of the documentary "Resilience: The Science of Hope & the Biology of Stress."; 2) TIC training for early childhood centers through the Strengthening Families Early Childhood Committee; 3) TIC awareness campaign; and 4) Assess training needs of partner agencies.
●	Expand awareness and understanding of trauma informed care, including toxic stress and adverse childhood experiences, and secondary trauma. Focus specifically on large businesses and day-care staff.		Training for Liberty Children's Center was scheduled for November, but had to be rescheduled to 1/21/2020.
●	Implement the trauma informed care pre-assessment to participating organizations. Administer a training to increase education and understanding of trauma informed care to at least 2 organizations.		

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
	Strategy 5: Adopt healthy food initiatives	Delaware County Hunger Alliance	DGHD - Susan Sutherland
	<i>By 12/31/22 decrease by 20% the number of eligible Delaware County residents who are not obtaining food pantry services.</i>		
	Year 1		
	Work with the Hunger Alliance to increase awareness of available food pantries within the county. Continue to update GIS maps for location information on a quarterly basis.	GIS pantry and community meals maps have been updated and listed by day of the week of operation. DCHA brochure was updated. Attended Big Walnut Chamber event and distributed information about pantries. Finalized DCHA survey it will be distributed on Facebook to determine barriers preventing eligible residents from accessing pantry services.	An article was sent to Galena, Ashley, Delaware, Sunbury, Berkshire Township, Brown Township, Kingston Township, Genoa Township about Delaware County pantries, community meal sites and eligibility. The article was also included in DGHD physicians newsletter, in SourcePoint in-home care clients, and sent to Job and Family Services' clients. Information about pantries and community meal sites was distributed at United Way Supplies for Scholar event at the Willis Education Center.
	Research and create a campaign to decrease the stigma associated with obtaining pantry services.		Research indicated that transportation and lack of awareness of pantries are factors associated with pantry under utilization; therefore, the DCHA wanted to increase awareness of pantries and community meal sites. An outreach campaign has been started within Delaware County. Solutions for lack of transportation are being researched.
	Recruit additional stakeholders, especially businesses, to join the Hunger Alliance. Invite stakeholder to a Hunger Alliance meeting.		A new member to the DCHA this year was Preservation Parks of Delaware County. Also Harlem Township Fire Station will be hosting LSS mobile food pantry at their facility this winter. Met with Central Ohio Boy Scout leaders to discuss Scouting for Food, a food drive for the DCHA. Several PHDC members were invited to attend the DCHA meetings.
	Strategy 6: Promote healthy eating practices through education and skill building	OWU - Chris Fink	DGHD - Susan Sutherland
	<i>By 12/31/22 implement an intervention in Ashley, Sunbury, Ostrander and Lewis Center to effect healthy eating practices and weight status in populations with disparities.</i>		
	Year 1		
	Continue to implement the Share Our Strength's Cooking Matters program to eligible adults and families through OWU.	Four Cooking Matter classes were offered at: <ul style="list-style-type: none"> •BV food pantry •LSS Food Pantry •Andrews House •United Way Strengthening Families. Four healthy meal demonstrations provided at: <ul style="list-style-type: none"> • Delaware City Summer Lunch Program • People In Need Produce Market •Grace Clinic •Delaware City Farmer's Market. 	Three Cooking Matter classes were offered at: <ul style="list-style-type: none"> •Delaware City Family Resource Center, Summer Lunch Program •Delaware Connections •United Way of Delaware County Strengthening Families.
	Begin to implement the Cooking for Wellness program to adults and families through Cancer Support Community Central Ohio.		Cancer Support Community received a SourcePoint grant for 2020 for the Cooking for Wellness program.

Status	Action Steps	Mid-Year Progress (Jan-June)	End-Year Progress (July-Dec)
●	Work with at least one new organization, specifically outside of Delaware City, such as a senior center or community center.	The Cooking Matters 6-week program was also offered in Ashley at the Buckeye Valley Food Pantry.	In collaboration with Delaware City Family Resource Center during the summer lunch program, kids were given the opportunity to taste new things and talk about their experiences. It was a 10-week program and introduced kids to pickled food, different breads, fresh vegetables and fruits, canned meat and cheeses.
●	Review age-friendly survey and DCHA survey data to identify gaps and develop strategies to address transportation issues.		SourcePoint has indicated that they will begin transporting people aged 55 and older to the Delaware City Farmer's Market next summer. SourcePoint anticipates having their age-friendly strategic plan completed by June 2020. The DCHA will also be exploring the possibility of a "trolley" for transportation to other farmer's markets in Delaware County.
●	Measure knowledge gained, and skills utilized through evaluations.		OWU staff evaluates knowledge gained and skills utilized at the end of each of the adult Cooking Matters sessions.