# **Ohio WIC Prescribed Formula and Food Request Form**

**A. Required Patient Information** 



All requests are subject to WIC approval and provision based on program policy and procedure. Medical documentation is <u>federally</u> required to issue special formulas. Please complete sections A-D of this form in full.

Patient's Name:				Date of Birth:			Weeks Born Early (if applicable):			
Parent/Caregiver's Name:							Date measured:			
* recommended not required Medical Diagnosis/Condition:										
(Medical diagnosis must be specific and correlate to the requested formula.)										
B. Required Special Formula Information **Select the top 2-3 formulas that meet the participant's needs indicating 1st, 2nd, and 3rd recommended formulas.										
Amount of formula to be provided per DAY (must be measurable):										
Special Instructions/Comments:										
Intended length of use: 1 month 2 months 3 months 4 months 5 months 6 months (maximum)										
Has a trial with Enfamil Infant, Enfamil Gentlease, Enfamil Reguline, or Enfamil ProSobee been completed?: 🗌 Yes 🗌 No										
If "No," please indicate why:										
Infants**   *Or store brand equivalent										
Alfamino Infant	Fortini	Nutramigen				Similac Alimentum*				
EleCare for Infants		Gerber Extensive HA		Nutramigen w/ Probiotic LGG* (powder only			r only)	Similac Human Milk Fortifier		
Enfamil NeuroPro EnfaCare		Neocate Infant w/ DHA & ARA					Similac NeoSure			
Enfamil Human Milk Fortifier		Neocate Nutra (≥ 6 mo. age)					Similac PM 60/40			
Enfamil Premature 24 Calorie	ure 24 Calorie 🗌 Neocate Syneo Infant 🗌 Pur Amino DHA/ARA					Similac Special Care Premature 24 Calorie				
Children**  Children **										
Alfamino Junior		Compleat Pediatric Standard 1.0		D Neocate Junior (unflavored only)		only)	PediaSure 1.5 Cal			Peptamen Junior PHGG
Boost Breeze		Compleat Pediatric Standard 1.4		4 Neocate Junior w/ Prebiotics		cs 🗌	PediaSure 1.5 Cal w/ Fiber		iber	Pregestimil
Boost Kid Essentials 1.0 Cal		EleCare Junior		Neocate Nutra			PediaSure Enteral			PurAmino Junior
Boost Kid Essentials 1.5 Cal		Encala		Neocate Splash			PediaSure Enteral w/ Fiber		Fiber	Similac Alimentum*
Boost Kid Essentials 1.5 Cal w/ Fiber		EquaCare Jr.		🗌 Nutramigen			PediaSure w/ Fiber			Similac PM 60/40
Carnation Breakfast Essentials		Essential Care Jr.		Nutramigen w/ Probiotic LGG* (powder only)		GG*	PediaSure Peptide			Super Soluble Duocal
Compleat Pediatric		Kate Farms Pediatric Peptide 1.0					PediaSure Peptide 1.5 Cal			
Compleat Pediatric Peptide 1.0 Cal		Kate Farms Pediatric Peptide 1.5		Nutren Junior			Peptamen Junior			
Compleat Pediatric Peptide 1.5 Cal		Kate Farms Pediatric Standard 1.2		.2 Nutren Junior w/ Fiber			Peptamen Junior 1.5 Cal		Cal	
Compleat Pediatric Reduced Cal	Kate Farms Standard 1.0				amen Junior w/ Fiber					
Women										
Boost       Boost Breeze       Carnation Breakfast Essentials       Encala       Ensure       Kate Farms Standard 1.0								andard 1.0		Super Soluble Duocal
For PKU and Metabolic Needs: WIC collaborates with the Ohio Metabolic Formula Program which supplies certain metabolic formulas prescribed by an Ohio Department of Health (ODH) approved metabolic service provider. A separate form must be completed. Please contact your WIC office for more information.										
<b>C. Required Supplemental Food Information</b> WIC health professional will issue age appropriate supplemental food unless indicated below.										
□ No WIC supplemental foods: provide formula only.										
Issue a modified food package OMITTING the supplemental foods checked below:										
Infants (6-11 months):										
Children and Women	☐ Milk ☐ Jui □ Beans □ Pe	Breakfast cereal Whole g			grains Fruits and vegetables Fish (fully breastfeeding women only)					
It is medically warranted for this patient to receive the following foods in addition to special formula:         Whole milk										
D. Required Health Care Provider Information										
Prescribing Health Care Provider's Name (please print):								F	Phone:	
Prescribing Health Care Provider's Signature:									Date:	
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## Instructions for use of this form:

All special formula requests are subject to WIC approval and provision based on program policy and procedure. Medical documentation is <u>federally</u> required to issue special formulas.

#### Section A

Section A must be completed in full for all patients. Medical diagnoses or conditions must be specific, and correlate with the indications for use of the requested formula. Special formulas cannot be provided by WIC solely for the purpose of enhancing nutrient intake or managing body weight. Pediatric beverages cannot be issued solely for the following: a child refuses to take a multivitamin; a child is a picky eater; a child is underweight, but is not diagnosed as having failure to thrive, and the diet can be managed using regular foods; a child is assessed to be at risk for or is overweight; or, a child is assessed to be at an average Body Mass Index.

## Section **B**

Section B must be completed for all patients.

- The amount of formula provided per day must be measurable. Quantities such as "maximum," "prn," or "as needed" will not be accepted.
- The space for special instructions or comments can be used as needed. An open line of communication to the local WIC office is encouraged by including more information in this area, which may lead to more timely approval of the special formula requested.
- Please note that if a ready to feed (RTF) product is requested, it will require additional justification and will need to meet WIC standards. RTF products can be provided if the water supply has been determined to be unsafe; the ability of the caregiver to properly mix concentrate or powder formula is in question; for premature, low birth weight, or otherwise immunocompromised infants; or the participant has a medically relevant health condition which <u>necessitates</u> the use of RTF formula (i.e. continuous tube feeds). RTF formula cannot be issued for basic tolerance issues or participant preference.
- An intended length of use must be indicated. Six (6) months is the maximum length of time WIC can provide a special formula without a new Ohio WIC Prescribed Formula and Food Request Form.
- WIC cannot provide more than one formula in a month.

## Section C

If Section C is not completed, the WIC Health Professional will issue a food package as appropriate based on objective interview and patient preference. However, if whole milk or whole low lactose/lactose free milk are to be provided, the prescribing health care provider must indicate that in the bottom part of Section C.

#### Section D

Section D must be completed in full for all patients. Only a physician, physician's assistant, certified nurse practitioner, clinical nurse specialist, or certified nurse midwife may sign off on this form. No other health care providers are authorized to sign. Prescribing health care providers must clearly print their name *in addition to* their signature or signature stamp. The date the form was signed must be provided.