The Partnership for a Healthy Delaware County

Delaware Public Health District
March 7, 2024
Quarter One Meeting





Agenda



9:30-9:40 Welcome, Breakfast, Announcements – Hali Burleson

9:40-9:50 Partnership Awards – Garrett Guillozet and Jen Keagy

10:00-11:30 **2023 CHIP Updates**



Minutes

Approve December 7, 2023 Meeting Minutes



THE PARTNERSHIP

For A Healthy Delaware County Q4 Partnership Meeting Thursday, December 8,2022 2079 US Highway 23 N Ste 4 Delaware OH, 43015

| Meeting Attendance | | | | | | | | |
|--------------------|------------|---------------------------------|-----------|-------------|----------------------------------|--|--|--|
| First | Last | Agency | First | Last | Agency | | | |
| Jennifer | Appleman | DC Job & Family Services | Rebecca | Barbeau | OhioHealth | | | |
| Emily | Baugher | Delaware Public Health District | Josie | Bonnette | Delaware Public Health District | | | |
| Nathan | Bonofiglio | Helpline | Deanna | Brant | DMMHRSB | | | |
| Diane | Bricker | Safe Harbor | Hali | Burleson | Delaware Public Health District | | | |
| Lisa | Dooley | Drug Free Delaware Coalition | Chris | Fink | Ohio Wesleyan University | | | |
| Kelsey | Fox | United Way of Delaware County | Katherine | Fox | Delaware Public Health District | | | |
| Michael | Garey | PASS | Amy | Hawthorne | Helpline | | | |
| Adam | Howard | Delaware Public Health District | Jen | Keagy | Delaware Public Health District | | | |
| Kelsey | Kuhlman | Delaware Public Health District | Kathy | Laughlin | Delaware County Transit | | | |
| Kay | Melching | Grace Clinics of Ohio | Kassie | Neff | Delaware County Sheriff's Office | | | |
| Wilmaries | Padilla | Delaware Public Health District | Alyssa | Sawyer | Delaware Public Health District | | | |
| Amy | Schossler | SourcePoint | Andrea | Scurria | Ohio State University | | | |
| Cori | Spring | Delaware Public Health District | Rhianna | Mattix | DMMHRSB | | | |
| Gwyn | Stelter | Family Promise | Sandra | Stults | Scioto Twp. | | | |
| Susan | Sutherland | Delaware Public Health District | Anna | Travis | Juvenile Courts Safe Harbor | | | |
| Brande | Urban | United Way of Delaware County | Karen | Waltermeyer | SourcePoint | | | |
| Fara | Waugh | SourcePoint | Robert | Hatcher | Delaware Police Department | | | |
| Lauren | Mussenden | United Way of Delaware County | Heather | Brittingham | CHW Student | | | |
| Sue | Hanson | Helpline | Carlee | Rowland | Chamberlain College | | | |
| Sarah | Malich | DSPC | Mary Jo | Dickison | Mount Carmel Hospital | | | |
| Christa | Harman | Delaware Ohio Pride | | | | | | |

Welcome - Kelsey Kuhlman- Delaware Public Health District

Approval of Minutes - September 1, 2022, Meeting

Josie Bonnette made a motion that the September 1, 2022, Partnership Meeting Minutes be approved as written, Kassie Neff, seconded the motion, and the motion passed with unanimous approval.

Shelia's Goodbye

A short video was played of Shelia Hiddleson thanking The Partnership members for all their work.

2019-2022 CHIP

There will be a wrap-up video coming in January. The video will highlight the CHIP strategy successes from the past four years and will include an update from DPHD's new Health Commissioner, Garret Guillozet. This video will be released via e-mail as a prerecorded video.

CHIP Process Overview

The 2022 CHA was released in May. Starting in June, the Partnership began the development of CHIP over the course of four meetings using the MAPP Process.





The Partnership Awards 2024



Health Behaviors Strategy 1: Adopt Healthy Food Initiatives

Healthy Food Initiatives at Public Sites and in Food Pantries

People in Need & LSS Food Pantries

- -Policy dedicating to using Healthy Eating Research Guidelines
- -Environmental Changes: SWAP Signage & Equipment

Recreation Unlimited

- -Policy adopted that at least 20% of foods provided will meet healthy food guidelines
- -Environmental Changes: Salad Bar

Healthy Food Initiatives at Farmers' Markets WIC Farmers' Market Nutrition Program (FMNP)

| Year | Utilization | | |
|------|-------------|--|--|
| 2022 | 69.42% | | |
| 2023 | 82.34% | | |















Health Behaviors Strategy 1: Adopt Healthy Food Initiatives



Health Behaviors Strategy 2:

Promote Healthy Lifestyle Practices Through Education & Skill Building

In Your Neighborhood Health Education & Clinic Events



Health Behaviors Strategy 3: Community Fitness Programs

ADVENTURE CONNECTION -LANDING



Take aim at one of the most ancient skillsets known to man. Try one of Preservation Parks introductory classes to learn all about the bow and arrow sport.

MORE INFO



Bicycle trips to Washington state or Washington DC could start at your front door. Delaware County is home to a portion of the Ohio to Erie trail, an integral part of a nationwide network of bike trails.

MORE INFO



Explore new parks and hidden tees while trying to hit the lowest score. An affordable

MORE INFO



Well stocked with fish. Delaware County has

an abundance of public waterways. Grab a fishing license where necessary or join a class with PPDC to learn the essentials.

MORE INFO



BIRDING

throughout the year.

MORE INFO

Delaware County is for the bird-ers! A major

thousands of acres of public land and water.

Explore new habitats in secluded settings

while tracking different and elusive species

migratory stop, the county boasts

Laying in a hammock may not be the pinnacle of adventure, but it can be the peak of relaxation. How far into the woods will you hike to achieve the perfect view in absolute serenity? Grab a hammock, take a hike, find a couple of trees and relax.

MORE INFO

abundance of public land accessible through multiple state, county and local parks, there is an exciting new adventure for every person in Delaware County.

Adventure Connection is a self-guided tour of outdoor recreation opportunities in Delaware County. Take a look at the abundance of adventures available in our backvard and try something new today.

How many can you accomplish this year? Tag us with #ppdcadventureconnection for the chance to be



ARCHERY

known to man. Try one of Preservation Parks. introductory classes to learn all about the bow

PRESERVATION PARKS CLASSES

- P Beginning Archery Series Check our Program Calendar in summer
- P Intro to Archery Check our Program Calendar in summer

DELAWARE COUNTY SHOOTING LOCATIONS

Ø Delaware Wildlife Area Shooting Range (ODNR)



BICYCLE TOURING

DC could start at your front door. Delaware County is home to a portion of the Ohio to Erie trail, an integral part of a nationwide network of

PRESERVATION PARKS EVENTS

- & Community Ties Bicycle Tour Check our Program Calendar in summer P Trailanalogza - Check our Program Calendar in summer

DELAWARE COUNTY BICYCLE TRAILS

Ø Ohio to Erie Trail

ADVENTURE INDEX

Bicycle Touring

Kayaking

Mountain Biking

Trail Running



and exciting sport, Delaware county hosts an abundance of Disc Golf courses to explore.

Health Behaviors Strategy 4:

Promote Physical Activity Through Built Environment Changes & Green Space

United Way's Treehouse Bike Share Policy & Equipment



Healthy Communities Micro Grant Program:

- -Ostrander Youth Athletic Association: Improvements & Start of Walking Path
- -Village of Ashley: Picnic Tables for Start of New Park Space
- -City of Sunbury: Age Friendly Benches & Wayfinding Signage
- -Liberty Township: Outdoor Water Fountain @ Liberty Park

Walking Audits- Partnership with OWU & Others City of Delaware- October 2023





Health Behaviors Strategy 4:

Promote Physical Activity Through Built Environment Changes & Green Space

Mental Health & Addiction

Year One Successes: 2023









Strategy 1: Community Based Mental Health

QPR (Question, Persuade, Refer):

- 17 trainings
- Total of 175 individuals participated becoming QPR certified gatekeepers
- Various groups including:
 - church staff & attendees, social services agencies, real estate officers, Delaware Chamber of Commerce members of HR group & Safety Council, SourcePoint, communi ty members and more!



"This was very helpful. I learned a lot. Most of the material was unfamiliar to me before."

"Everyone should receive this program"

"Very helpful- there needs to be more of these trainings throughout all communities. Great job!!"



REGISTER FOR QPR SUICIDE GATEKEEPER TRAINING TODAY!

740.363.1835 SuicidePrevention@helplinedelmor.org ATTEND THE 12TH ANNUAL SUICIDE PREVENTION WALK

Saturday, Sept. 9, 2023 9 AM to NOON

Ohio Wesleyan University JAYwalk 40 N. Rowland Avenue | Delaware, OH











Strategy 2: Behavioral Health Screenings

(SBIRT - Screening, Brief Intervention, Referral to Treatment)

- SourcePoint continues to implement SBIRT to their clients
- 7 new staff trained in implementation of SBIRT
- 1,811 residents screened for SUD
 - 122 screened positive who received the brief intervention
 - O folks referred to treatment



Strategy 3: Community Programs to Reduce Alcohol Abuse Spring 2023 Alcohol Abuse Alcohol I loo Among Older Adults

- Drug Free Delaware & DPHD submitted an article to SourcePoint's quarterly newsletter My Communicator in Spring 2023
- Drug Free Delaware & DPHD created and distributed beverage coasters to several restaurants in Delaware City & Powell
- In Fall 2023, PASS contractee
 facilitated Low Risk Drinking
 course (Minimize Risk, Maximize
 Life) offered at Delaware City
 library with 10 participants





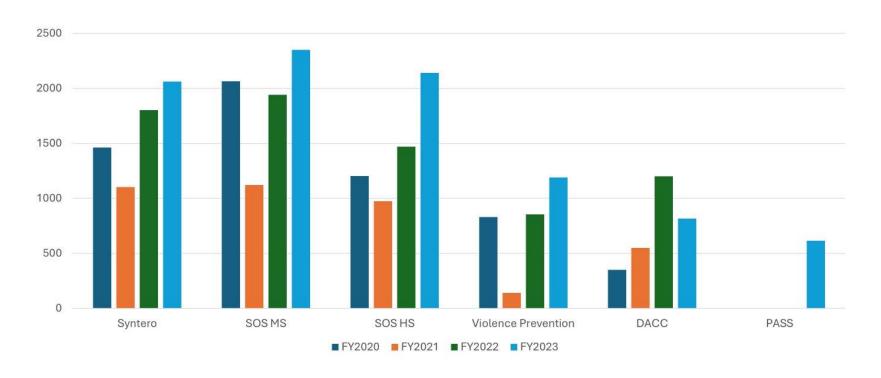




Strategy 4: Social & Emotional Instruction

Social Emotional Learning Programs

(across both Delaware and Morrow counties)



SOS (Signs of Suicide)

Program Spotlight

- Over 4,000 Delaware County students were reached (primarily 7th & 9th graders).
- Of this total, 96% reported having a "trusted adult" in their lives.
- 90% reported feeling comfortable contacting a hotline for help after receiving the Signs of Suicide program.

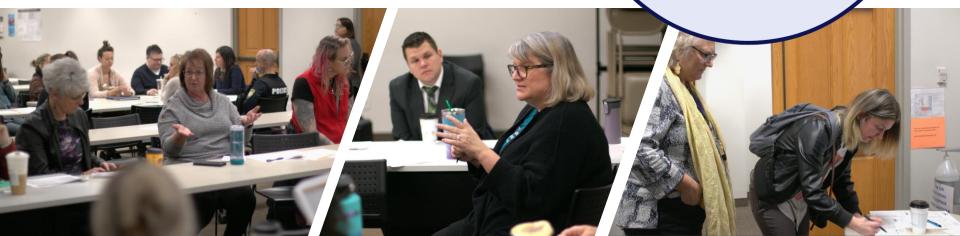
Program Feedback

- "It is great! I think the students get a lot out of it! Keep doing exactly what you are doing! The kids are engaged and participate and you do a fabulous job making a challenging topic focus on the positives!!!" -Teacher
- "Keep doing what you are doing! I
 have had MANY presenters in the past
 and you have a special skill to connect
 with students that not many people
 have, especially given the sensitive
 content you are here to deliver! You help
 students feel educated
 and empowered!"
- "I've talked to my friends about mental illness all my life and I thought I knew everything but this program taught me something new." -Student



Access to Care 2023 Strategy Updates





STRATEGY 1: Digital access to treatment services and crisis response

Action Step:

- Pilot two programs during FY'23 (ending June 30, 2023) to address immediate crisis response, funded by DMMHRSB:
 - 1. Maryhaven Walk-In Clinic
 - 2. Southeast Counseling
- Evaluate virtual vs. in person visit volumes



STRATEGY 1 Updates:

- Telehealth satisfaction survey could not be utilized due to inconclusive data.
- Maryhaven new patient intake via telehealth.





STRATEGY 2: Create health literate organizations

Action Steps:

- Attended the Delaware African
 American Heritage Council meeting to seek feedback on the strategy.
- DAAHC council suggested we focus on health literacy.
- Identified Enliven Health Literacy Self-Assessment tool.







STRATEGY 2: Create health literate organizations

enliven

ENHANCING SOCIAL HEALTH

ENLIVEN ORGANISATIONAL HEALTH LITERACY

Self-assessment Resource

Metrics Tracked:

- Approved use of Enliven Health Literacy Self-Assessment Tool.
- Year 1 Goal: Identify community organization/agency to approve the implementation of the tool.
 - Delaware Public Health District approved the implementation in a 2023 leadership meeting.



STRATEGY 3: Public transportation systems Metrics Tracked:

- Number of medical appointment rides through DCT:
 - 2022 Baseline: 22,733
 - **2023: 18,612**
- Goal: To provide feedback and recommendations to DCT strategic plan.

Deep Dive with Delaware County Transit



Wednesday, November 15 3:30-5 p.m.

Join us and a panel of experts as we dive into our county's future growth and transit trends.

How and where will Delaware County grow? Where are the jobs? Where are the community destinations? What is transit's role in making those important connections?

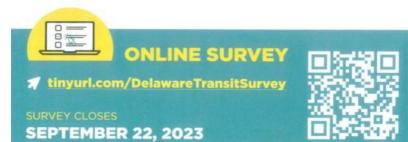
We'll go deep to learn more.



TAKE THE SURVEY



Take this short online survey to share how Delaware County Transit can meet the community's mobility needs now and in the future.



STRATEGY 4: Recruit behavioral health providers and staff/personnel

Action Step:

- Determine baseline data on current behavioral health staffing across all DMMHRSB funded agencies.
- Identify which agencies and positions have the greatest impact to improve resident access to behavioral healthcare.
- Examine DMMHRSB agency outcome data to determine wait time by agency, population, and service.

STRATEGY 4: Recruit behavioral health providers and staff/personnel

Action Step (Continued):

- Determine appropriate staffing levels needed for each agency and what credentials are necessary to reduce wait time for the most critical behavioral health services.
- Strengthen internship programs by connecting more students with mental health related internship opportunities in Delaware County.



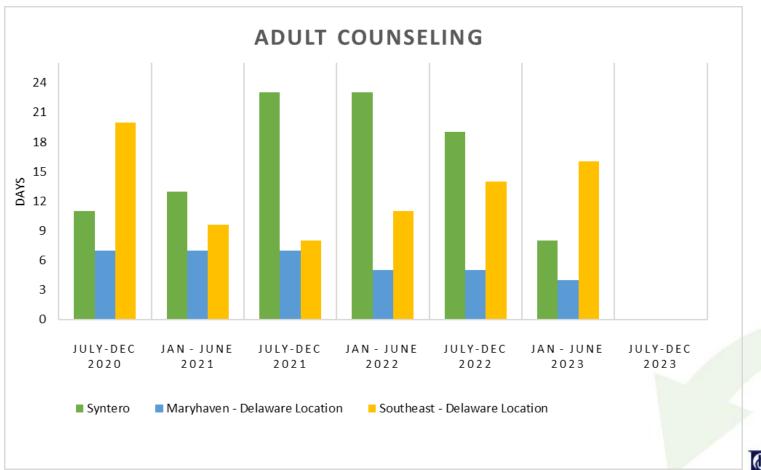
STRATEGY 4: Recruit behavioral health providers and staff/personnel

Action Step (Continued):

 Continuously examine network of public providers to ensure that gaps in services and/or vulnerable populations are being addressed by recruiting new providers to the area.

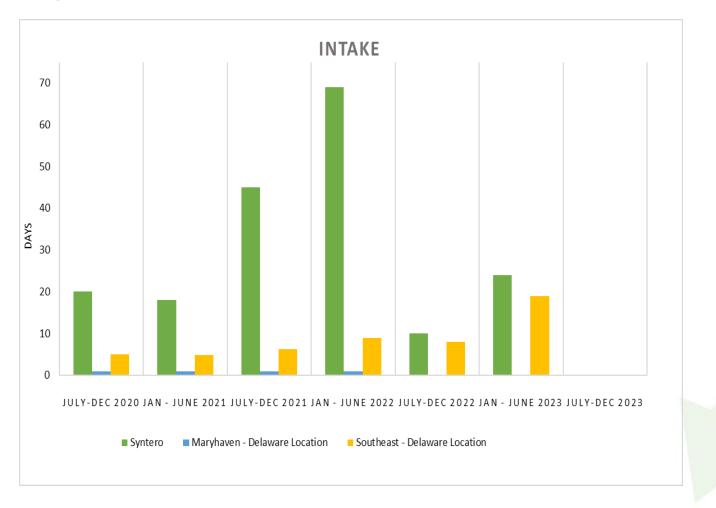


STRATEGY 4: Recruit behavioral health providers and staff/personnel Updates:





STRATEGY 4: Recruit behavioral health providers and staff/personnel Updates (Continued):





Strategy 4 Updates: Workforce Strategies

The Ohio Department of Mental Health and Addiction Services (OhioMHAS) has introduced a Workforce Roadmap aimed at tackling behavioral health workforce challenges across the state. This plan revolves around four primary themes:

- 1. Increasing Career Awareness
- 2. Supporting Recruitment
- 3. Incentivizing Retention
- 4. Supporting Contemporary Practice





| County: Delaware Type of Services: All | | | | | | |
|--|--------------------------------------|---|----------------|---|--|--|
| CENTRAL OH MENTAL HEALTH CENTER | 250 S HENRY ST DELAWARE, OH 43015 | | | | | |
| Mid-Ohio Psychological Services, Inc. | Delaware County | 160 Stover Drive Delaware, OH 43015 | (740) 687-0042 | 9 | | |
| RECOVERY & PREVENTION RESOURCES | | 118 STOVER DR DELAWARE, OH 43015 | | | | |
| SECOND CHANCE COUNSELING CENTER INC | | 6011 COLUMBUS PIKE, SUITE A LEWIS CENTER, OH 43035 | | | | |
| Southeast, Inc. | Southeast Healthcare - Delaware | 824 Bowtown Road Delaware, OH 43015 | (614) 225-0980 | 6 | | |
| Syntero | Syntero | 7100 Graphics Way, Suite 3100 Lewis Center, OH 43035 | (740) 428-0428 | 2 | | |



OSU Marion's Social Work Program

 Helped connect DMMHRSB providers with OSU Marion's Social Work program manager to help facilitate more internship placements in Delaware County.



Summer Career Pathways Program

Delaware County Ohio July 10-27, 2023



Painting Recovery Rocks





Source Point







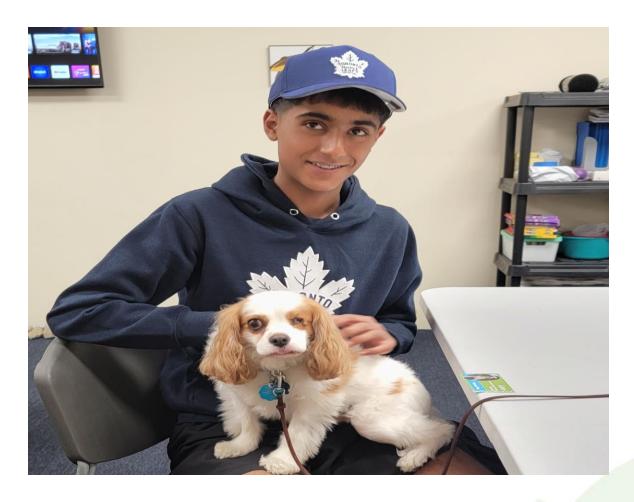
Lunch at Source Point



Rick and Leo the therapy dog











Guest speakers from HelpLine

Nate, Bryce and Lexi



Consequences and Pictionary







Kristan Warren
From the DelawareMorrow Mental
Health and Recovery
Services Board







Jackie Lipnos from Helpline talking to the kids about her career



Columbus State Community College











STRATEGY 5: Comparable insurance coverage for behavioral health (parity) Updates:

- Ohio has established the Ohio Mental Health Assistance
 Office within the Department of Insurance to assist
 Ohioans in understanding their mental health and SUD
 benefits and addressing insurance-related complaints.
- The Ohio Department of Mental Health & Addiction Services has launched a 22-step Workforce Roadmap to tackle behavioral health workforce challenges statewide. Step 2 focuses on reimbursement and pay parity issues.

STRATEGY 5: Comparable insurance coverage for behavioral health (parity)

- Partnered with the Ohio Suicide Prevention
 Foundation to provide a training focused on mental health in the workplace and mental health parity to the Delaware Chamber of Commerce's HR Group.
 - In attendance: Delaware County Library, Del-Co Water, Delaware City Schools, DPHD, Kohrman, Jackson, & Krantz, LLP, and Delaware Chamber of Commerce





STRATEGY 6: Support and expand the role of peer support specialists



Cornerstone of Hope

- Started a Traumatic Loss Support Group in Delaware County
- Provided a grief facilitators training





STRATEGY 6: Support and expand the role of peer support specialists

Metrics Tracked:

Number of new support groups (2)

- Cornerstone of Hope Traumatic LOSS Group
- Widow Strong, Delaware Grace Church

Number of recommendations for non-evidencebased support groups implemented (2)

- Delaware Grace Grief Share Facilitators:
 - Attended Grief Support Group Facilitators
 Training
 - Held a QPR training for their facilitators and members

STRATEGY 6: Support and expand the role of peer support specialists

Metrics Tracked (Continued):

Were peer support services recommended to patient or client by OhioHealth Grady

NAMI Family to Family is on Grady's discharge paperwork



Housing & Community Conditions

CHIP Strategy



QR Code for StoryMap version of the report

 $\frac{https://storymaps.arcgis.com/stories/09}{94fe25927c435e97fa2a1349a11d7c}$



Housing Strategies

- Diversify housing choices to accommodate all life stages and household needs.
- Evaluate land use policies and streamline project approval processes.
- Expand housing options for the growing senior population.
- Ensure future growth occurs sustainably and equitably so that all residents in the county can benefit.

Housing Strategy Progress

1

Economic Development & Funding

2023: Committee formed to include public, NPO, and private perspectives with subsequent meetings on other funding models.

2024: Review federal, state, local funding opportunities in relationship to proven funding models.

3

Older Adults & Aging Communities

2023: Address streamlining home repair options through coordinated entry point.

2024: Launch coordinated entry point for home repairs and begin examining advocacy opportunities for Accessory Dwelling Units (ADUs).

2

Land Use & Zoning

2023: Create talking points on zoning best practices for the Community Education Committee.

2024: Inventory and review existing zoning practices and revision schedules in county.

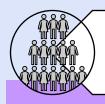
4

Sustainability and Equity

2023: Established presence on Transit Advisory Committee and engaged Chamber of Commerce HR directors group on present needs.

2024: Provide work groups with guidance regarding local and regional transit needs in other recommendations on new housing.

Housing & Community Conditions Successes



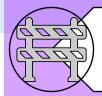
Added 21 new members to Delaware County Housing Alliance



Completed development of educational campaign



8 community presentations on the Housing Alliance Strategies Completed



Zoning committee talking points created

Kelsey Fox **Director of Community Navigation**

kfox@uwaydelaware.org

740-417-4733

Delaware County Housing Alliance (delcohousing4all.org)

