



Delaware Public Health District

SAFE

IN A SAFE CAR
IN BELLAIRE COUNTY

LET'S MAKE A PLAN
TO KEEP YOU DRIVING
SAFER & LONGER

**CONNECT WITH SAFE DRIVING
RESOURCES TO PROMOTE
HEALTHY AGING**

MATURE DRIVERS,
Do you feel challenged...

- ✓ Seeing over your steering wheel?
- ✓ Reaching your gas and brake pedals?
- ✓ Checking your blind spots?
- ✓ Wearing your seat belt comfortably?
- ✓ Driving at night?

Find your best fit in your vehicle for
continued safety on the road!

CARFIT 

Helping Mature Drivers Find Their Safest Fit



Visit Car-Fit.org for more info

DOES YOUR VEHICLE "FiT"?



Developed by AAA, AARP and the American Occupational Therapy Association.

CARFiT is an educational program that provides a review of how well you and your vehicle work together.

CARFiT provides information on community-specific resources that could enhance your driving safety and increase mobility.

REQUEST A FREE CARFiT SAFETY CHECK WITH A TRAINED CARFiT TECHNICIAN

Go to:
[DelawareHealth.org/
Mature-Driver-Safety](https://DelawareHealth.org/Mature-Driver-Safety)



Or scan here



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