













# DELAWARE COUNTY BREASTFEEDING RESOURCE GUIDE

Prepared by the Delaware Public Health District | Delaware County Breastfeeding Coalition

	SERVICES	CONTACT	ADDRESS	COST
 <p><b>Delaware Public Health District WIC Program</b></p>	<p>Breastfeeding education/support, classes, pumps and parts to anyone, workplace lactation accommodation support and education. Must meet income eligibility for some services.</p>	<p>740-203-2061 Peer Helper 220-212-7565</p>	<p>470 S. Sandusky Street Delaware, OH</p>	<p>Free</p>
 <p><b>Delaware Public Health District Prenatal &amp; Newborn Care Programs</b></p>	<p>Free Pack 'n Play for families without a safe sleep space, prenatal and newborn home visiting with resources, lactation support, and freebies for mom and baby.</p>	<p>740-203-2040 Clinic@delawarehealth.org</p>	<p>470 S. Sandusky Street Delaware, OH</p>	<p>Free</p>
 <p><b>OhioHealth Grady Family Birthplace</b></p>	<p>Inpatient consults, outpatient consults, helpline, rental breast pumps, breastfeeding class 2nd Wednesday of each quarter taught by IBCLC - register online, baby care class - register online.</p>	<p>Katie Mckenzie RN, IBCLC 740-615-2116</p>	<p>561 W. Central Ave. Delaware, OH</p>	<p>Free helpline 740-615-2116 Accepts insurance</p>
 <p><b>OhioHealth Dublin Methodist Hospital</b></p>	<p>Prenatal breastfeeding classes, inpatient lactation consultations.</p>	<p>OhioHealth.com/ health-and-wellness</p>	<p>7500 Hospital Dr. Dublin, OH</p>	<p>Accepts insurance</p>
<p><b>OhioHealth Dublin Methodist Hospital Outpatient Lactation Center</b></p>	<p>Prenatal and postpartum outpatient lactation consultations, breast pump rentals, lactation helpline, position/latch/feeding plan support.</p>	<p>Free Helpline 614-544-8488</p>	<p>7450 Hospital Dr. Suite 270 Dublin, OH</p>	<p>Accepts insurance</p>
 <p><b>OhioHealth Fourth Trimester Clinic</b></p>	<p>Medical providers specializing in lactation medicine and women's health and behavior health.</p>	<p>614-544-8484</p>	<p>7450 Hospital Dr. Suite 270 Dublin, OH</p>	<p>Accepts insurance</p>
 <p><b>Breastfeeding USA, Delaware &amp; Franklin Co Chapter</b></p>	<p>Breastfeeding support and education</p>	<p>Andrea Connell 419-566-0752 Andrea.Connell@breastfeedingUSA.org</p>		<p>Free</p>
 <p><b>The Ohio Doulas</b></p>	<p>Breastfeeding support and education</p>	<p>614-467-0534 TheOhioDoulas.com</p>	<p>6660 N High St. Suite 1G Columbus, OH</p>	<p>1 day class with 6 weeks text support: \$125. In-home support 2 hrs &amp; 6 weeks text support: \$150. Follow-up appointment: \$75</p>
<p><b>Delaware La Leche League</b></p>	<p>Free breastfeeding support available by monthly meetings and telephone</p>	<p>Sara Bradley-Hering 614-595-9005</p>		<p>Free</p>
 <p><b>The Center for Family Safety and Healing</b></p>	<p>Home visiting and education &amp; support for parents and caregivers. Enrollment in pregnancy or infants up to 3 months of age, older children may be placed on waitlist. Must meet income requirements.</p>	<p>Scan QR code for Help Me Grow Referral form</p>		<p>Free</p>
 <p><b>Pregnancy Resources of Delaware County</b></p>	<p>Classes for pregnancy, birth, toddler and parenting. Provides material aid free and no income restrictions, ultrasound and pregnancy tests.</p>	<p>740- 417-9358</p>	<p>43 Northwood Drive, Delaware, OH</p>	<p>Free</p>
 <p><b>24/7 Breastfeeding Hotline</b></p>	<p>Free text and calls answered by International Board-Certified Lactation Consultants</p>	<p>Text 'BFHOTLINE' to 839863 or call 888-588-3423</p>		<p>Free</p>