

Delaware Public Health District Dedicated to your health **POOL NEWSLETTER** MARCH 2026



POOL BASICS CLASS

The Health District is happy to announce that we are offering a pool basics class for all current operators. The topics covered will be rules governing pools, responsibilities of the operator, water chemistry, record keeping, safety, basic design and more! Best of all, the class is **FREE!** You will be able to speak with your assigned inspector and schedule pre-opening inspections if you wish.

Class date: May 13, 2026

Class time: 9am – 12noon

**Class location: 470 S. Sandusky St.,
Delaware, OH 43015**

Register online [HERE](#) by May 8, 2026



INJURY INCIDENT REPORT FORM

Have you experienced a near drowning or severe injury that requires Emergency Medical care? These incidents can be scary.

After the adrenaline has worn off, please remember you are required to report the incident to the local health department within 72 hours. More information on reporting can be found at [Understanding Pool Injury Incident Form](#).



CPR CLASSES

 CPR isn't just for TV doctors! CPR is a life-saving skill that anyone, no matter who they are or where they work,

We offer a variety of CPR/AED/First Aid classes that are certified by the American Heart Association, affordable, and tailored to different experience levels. In just a few hours, our expert instructors will provide you with hands-on training and personalized feedback, so you leave feeling confident in your skills.

Emergencies can happen at any time and any place; so be prepared! Visit DelawareHealth.org/cpr to learn more!



TOP VIOLATIONS OBSERVED IN 2025

As the new licensing year approaches, the Health District has put in high efforts to ensure that Recreational Water facilities are following proper health regulations and are maintained safely for all community members who enjoy them!

In an effort to better understand roadblocks recreational water facility may face we have decided to pull the top three most common violations for the 2025 licensing period:

1. 3701-31-04 (B)(4) - The licensee /authorized representative was not keeping or maintaining operational records.

It is very important that recreational water facilities maintain accurate records. Records help monitor the health and safety of the pool, including water quality and maintenance practices. Records must be kept for at least two years. Use this link (insert link to pool record requirement handout from our website) to learn more about record keeping and find a weekly pool operation sheet as a guide to keep accurate records.

2. 3701-31-04 (C)(2) - pH was outside the range of 7.2 to 7.8.

It is crucial to maintain proper pH to ensure swimmer comfort, chemical disinfectant, and to prevent pool equipment from corrosion. When the pH is not balanced it can disrupt the effectiveness of pool chemicals, especially chlorine making it less effective against harmful bacteria. Test pH regularly and make necessary adjustments to ensure safe water conditions.

3. 3701-31-04 (B)(6)(f) - Required turnover rates were not met.

It is essential that proper turnover rates are met to maintain water clarity, and to ensure that efficient circulation is distributed evenly. It is important to monitor turnover rates and make a necessary adjustment to maintain optimal conditions. A good turnover rate can help maintain balanced water chemistry.

MEET THE TEAM!



KARIE SANDERS

Karie Sanders has been an inspector with DPHD for 19 years. She currently oversees DPHD's Manager Certification courses in food safety and works predominately with facilities (food, pools, schools) within Delaware City, Ostrander and Ashely. When not working she loves the feeling of having free time to take her dogs to metro parks, enjoy nature and have a leisurely schedule to connect with family and friends. Karie also enjoys the working relationships she has created within the DPHD community over the past 19 years.



JENNIFER WILSON

Jennifer Wilson has worked at the Delaware Public Health District for nearly 20 years. She is married and a devoted cat lover, proudly considering her cat her "child." In her free time, Jennifer enjoys going on cruises with her husband and exploring new places around the world.



LEXI PERIGO

Lexi is one of our Environmental Health Specialist here at DPHD. She started with us in 2024. She currently has the facilities (food, pools, schools, and campgrounds) in Sunbury and Galena with a few inside of Delaware City limits. When not at work, she loves to be outside at the racetrack, crafting, or at the gym. Lexi is eager to work with all of her facilities and operators and strive for health and clean environments.



KAMRYN RHODES

Kamryn has been an EHS-IT for a little over two years and currently inspects food facilities, swimming pools, and campgrounds within the Lewis Center and Powell areas. In her free time, she enjoys baking and spending time with her fiancé and her dog Bogey.



MALLORY MENZ

Mallory is a Registered EHS-IT and inspects the Powell area. Mallory is originally from Northeast Ohio and moved to central Ohio after graduating from Ohio University with a BS in Environmental Health Science. She is really enjoying planting roots in central Ohio with her partner Maggie and cat Olive. Her hobbies include going to yoga and spin classes, reading, and crafting. Mallory is very grateful to be serving this wonderful community and is looking forward to many more years at the Health District.



DAKOTA ROBERTS

Dakota is an Ohio Northern Alumni, with a BS in Public Health. Her inspection categories include food, pools, schools, campgrounds, and body art mainly in the Delaware City limits. In her time away from the office, she helps manage a martial arts gym with her fiancé, specifically promoting women's self-defense. During her free time, she often finds herself lounging with her cats or walking her dog.



SHANNON SELF

Shannon began her career at the Delaware Public Health District (DPHD) 22 years ago as an inspector. Over the years, she has been assigned facilities in the Sunbury/Galena area and Delaware City. Since December 2022, she has served as the program manager for the Food Protection Unit. While she primarily focuses on program oversight, she continues to maintain a small inspection load and assists with enhanced enforcement for facilities with repeat, uncorrected violations.

Outside of work, she has five chickens, two dogs, a husband of 20 years, and a son who serves as a combat medic in the Army National Guard. In her spare time, she teaches cardio drumming, makes maple syrup, and enjoys gardening.



MELISSA ADAMS

Melissa Adams began her career as an inspector with the Stark County Health Department in 1998 and joined the Delaware Public Health District in 2000. She has worked across all Environmental Health programs, experience that supports her current role as a Complaint Inspector. In addition to handling complaints, she inspects solid waste facilities and works within the Rabies program.

Outside of work, Melissa is the proud mother of two daughters — one a junior in high school and the other studying pre-occupational therapy at Eastern Kentucky University. In her free time, she enjoys volunteering with Common Ground Free Store Ministry, tending to her flower beds, and traveling.