



# FARMERS MARKET

FOOD LICENSE & LABELING INFORMATION

## FREQUENTLY ASKED QUESTIONS



### WHAT IS A FARMERS MARKET?

A farmers market is a place where local producers gather to sell fresh fruits, vegetables and other food items.

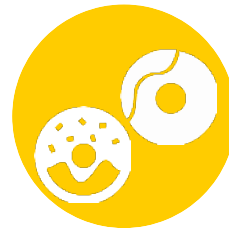
### WHAT FOOD CAN I SELL AT A FARMERS MARKET WITHOUT HAVING A TEMPORARY RETAIL FOOD LICENSE FROM THE HEALTH DISTRICT?

Fresh, whole fruits and vegetables, maple syrup, sorghum, honey and commercially packaged foods that do not require temperature control (i.e. potato chips, snacks, candy, soda and canned items.) You also may sell foods that are considered to be "cottage foods".

### WHAT ARE COTTAGE FOODS?

Cottage foods are foods produced and packaged in a person's home and do not require temperature control when stored or displayed for sale. The list of approved cottage foods are as follows:

- Non-potentially hazardous bakery products
- Jams
- Jellies
- Candy
- Fruit butters
- Granola, granola bars, granola dipped in candy
- Popcorn, flavored popcorn, kettle corn, popcorn balls, caramel corn
- Unfilled baked donuts
- Waffle cones
- Pizzelles
- Dry cereal and nut snack mixes with seasonings
- Roasted coffee, whole beans or ground
- Dry baking mixes in a jar, including cookie mix in a jar
- Dry herbs and dry herb blends
- Dry seasoning blends
- Dry tea blends



### DO I NEED TO DO ANYTHING SPECIAL IF I AM PLANNING TO PRODUCE A COTTAGE FOOD?

Yes. All cottage foods are required to have proper labeling informing consumers about the ingredients of the food and where it was produced. The label must include the name and address of the producer, the common name of the food being sold, the ingredients (including sub-ingredients) in descending order by predominance of weight, the net weight or volume and the statement in 10-point type "This Product is Home Produced".

This is an example of a label



**Chocolate Chip Milk Chocolate Cookies**

**Ingredients:** Enriched flour (Bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate riboflavin, folic acid), brown sugar, semi-sweet chocolate chips (Semi-sweet chocolate [Sugar, chocolate liquor, cocoa butter], soya lecithin, pure vanilla), vegetable shortening (partially hydrogenated soybean and cottonseed oil, mono- and diglycerides, artificial butter flavor, beta carotene [pro vitamin A-added for color]), milk chocolate chunks (sugar, cocoa butter, milk, chocolate liquor, soy lecithin, vanillin), eggs, milk, baking powder, vanilla extract, salt, baking soda.

**This Product is Home Produced**

Delaware Cookie Company  
1 W. Winter St.  
Delaware, OH 43015

Net Wt. 8 oz.



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### WHAT TYPE OF FOOD CAN I SELL IF I OBTAIN A TEMPORARY RETAIL FOOD LICENSE FROM THE HEALTH DISTRICT?

You may sell all of the food items that are allowed without a license. You may also sell commercially processed packaged foods that require temperature control, USDA or ODA inspected eggs, raw meats from your farm that have been processed at a USDA or ODA inspected processing plant and baked goods, produced in a license home bakery, that require temperature control (i.e. pumpkins pies, custard, meringue, pudding).

### ARE THERE ANY FOOD ITEMS THAT I ABSOLUTELY CANNOT SELL AT A FARMERS MARKET?

Yes! Examples of the types of foods you cannot sell include, but are not limited to:

- Home-canned products
  - Pickles
  - Sauerkraut
  - Salsa
  - Eggs
  - Beets
  - Vegetables
  - Mustard
- Meats or eggs that have not been inspected
- Home-produced beef jerky
- Home-produced pasta



These types of food can cause serious illness if handled improperly. They may only be produced in a licensed and inspected facility.

### WHO CAN I CONTACT IF I HAVE QUESTIONS OR CONCERNS ABOUT A FARMERS MARKET OR IF I WANT TO OBTAIN A TEMPORARY RETAIL FOOD LICENSE?

Any member of the Delaware Public Health District Food Safety unit will be glad to help!



(740) 368-1700



[EH@DelawareHealth.org](mailto:EH@DelawareHealth.org)

You may also call the Ohio Department of Agriculture Food Safety Division at (614) 728-6250



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